

全年計畫主題速寫

CIA01 陪伴弱勢孩童夏令營

*志工伙伴如果有找到心儀的計畫，可以用 Ctrl+F 搜尋計畫代碼，瞭解完整計畫資訊！

感謝 VYA 2020 春季實習伙伴貼心整理：

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Summer Workcamps 2020



TM 2020

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"**Citizens in Action**" is a non-profit, non-governmental, voluntary youth organisation based in Athens. The workcamp section of CiA is based 100% on voluntary work.

The aims of **C.i.A** are:

- To support and promote the idea of active citizenship to young people, through new forms of social commitment and participation, for a democratic and open society.
- To encourage the mobility of people and ideas through international exchanges, with the aim of the enhancement of knowledge, mutual understanding and peace.
- To contribute to community and local development through the participation of local and international volunteers in projects of benefit to all, with an emphasis on rural areas.
- To promote people's participation to defend and define their quality of life, aiming at the protection of the human dignity and the environment.

To achieve its aims, **C.i.A** invites its members to practical action, mainly youth voluntary work, youth mobility and communication, international exchanges and non-formal education activities.

Activities

Volunteer projects

- **Workcamps:** C.i.A is organising workcamps in different parts of Greece, with the participation of young people from Greece and abroad. The aim of this activity is to promote the idea of voluntary work for supporting local development and cover needs related to the protection of the environment and cultural heritage. On the other hand workcamps are a unique learning experience of the young people involved and an expression of international solidarity and peace. For the realisation of these projects C.i.A is closely co-operating with local citizens' groups, local authorities, other NGOs.
- **European Solidarity Corp**
C.i.A is also involved in the volunteering and mobility programmes of the European Union, both as sending and receiving organisation.

Local groups

- Support of local groups, active in different areas according to local realities (e.g. environmental protection, youth expression, youth mobility, training etc). Training of young people in project planning and management; counselling of the group, till they become independent actors in local social life.
- Networking of the different local groups on a national and international level.
- Promoting the dissemination of information.

Networks

- Exchange of experiences and good practices.
- Platforms for open dialogue and exchange of information.
- Meetings (national and international) seminars, symposia and campaigns on different themes, such as democracy and youth participation, human rights, peace, quality of life.

Training - education

Seminars and workshops, in a theoretical and experiential way on:

- Intercultural learning
- Active citizenship and Volunteerism
- Social and solidarity economy

Citizens in Action Workcamps

- ✓ Volunteers are working usually **30 hours per week** (Monday to Saturday). Working hours can be adapted to the needs of the project and the weather conditions.
- ✓ The **language** spoken in our workcamps is English
- ✓ **Every day life:** the group organises home duty teams, so that everybody can participate in the cleaning, tidying up and preparation of the meals.
- ✓ **Leader team:** Camp leaders are volunteers too. They are not there to manage everything alone but to advice volunteers and suggest various activities. They are a link between the different actors of the workcamp: the organising association, the project host, the local community and the volunteers.
- ✓ **Age Limit:** 18 years old minimum – no maximum limit
- ✓ **Insurance:** Volunteers are insured against accident, only within the specific dates of each project. First aid is provided on site or at the nearest public health center.
Our insurance does not cover loss or stolen objects, or illness (except those due to accident).
- Volunteers from the EU countries must bring the European Health Insurance Card or EHIC** (formerly the *E111 form* - medical, pharmaceutical and hospitalisation cover).
- ✓ **Accessibility:** CiA camps are accessible to A4A volunteers. For people with physical disability we need to talk in advance in order to see if the conditions can support or not accessibility. For people using wheelchair, accessibility is unfortunately very limited.
- ✓ **Food:** Vegetarian/vegan food is available. **Prior notice is needed**
- ✓ Volunteers cover **free time** activities costs on their own.
- ✓ **In all Camps volunteers should bring:** sleeping bag, working clothes, walking shoes, a torch and any special medication they need to take.

C.I.A WORKCAMPS 2020

Code	Name	Location	Dates			Type	Age	Vols	A4A
			Start	-	End				
CiA 01	Children summer camp	Agios Georgios, Mandra, Near Elefsina	14/7	-	29/7	Kids	18+	12	2

CiA01 "Children summer camp" Agios Georgios, Mandra, Near Elefsina

14 – 29/7 KIDS 18+ 12 Vols

LOCAL PARTNER

For 87 years the organisation "**Happy Children Happy Youth**" has been supporting children, who face serious problems such as **financial** (families whose income is at the limit of poverty or lower), **family** (orphans or children of single-parent families), **social** (racism and marginalisation) and **communication problems** (language problems or learning difficulties), because they come from families of immigrants or refugees.

The Organisation sets up summer camps which offer **free hospitality** to **140 children**. The constant values surrounding the organisation are love for the children and the people, the certainty about the inherent talents of every individual, equality for all, freedom of speech and thinking, regardless of race, age, sex or religion.

The camp schedule is well studied and includes different physical and artistic activities. Living together for 20 days with the 50 **trained Greek volunteers**, offers to the children some love and care they miss. The organisation believes that summer camps are useful and important for every child. That's why we try every year to give the possibility of enjoying our hospitality to more children, in improved facilities with more experienced volunteer staff. **Nobody at the organisation is allowed to earn money from these activities.**

Even though the world is becoming more and more impersonal and harsh, especially for the weak (financially and socially) and their children, "Summer Camps Happy Children - Happy Youth" dream to always be able to host as many children as possible while constantly upgrading their facilities and improving their program. Those goals will be made possible thanks to the voluntary effort and knowledge of many people who, with joy, imagination and love, will create small human societies for children and young people that will enable the expression of their skills and feelings. Greek volunteers are working constantly during the winter to organise everything in order to live together this summer experience.

For more information you may visit our website (in Greek only): <http://www.kataskinosi.gr>.

WORK

The work of the international volunteers will be divided in two parts, help in the kitchen and organise activities with the children.

Kitchen

Working hours usually are **8.30am to 3.30pm** (morning shift) or **5pm to 11pm** (afternoon shift). Tasks in the kitchen include help in the preparation of the meal (potatoes and onion peeling and cutting), preparing salads, washing the dishes and keeping the kitchen in good clean condition. The volunteers will coordinate with the kitchen Greek volunteer team and the Chef. The working environment includes all tools to make the work easier, for example a professional dishwasher.

Volunteers will alternate in the morning and afternoon shifts.

Children Activities

Volunteers will prepare and organize activities during the morning (2 hours) for the children including games, handicrafts, dancing and music (if possible). The team will coordinate with the Greek volunteers responsible for the free-time children activities and will be given everything needed for the implementation of the tasks. Activities will also be based on the skills of the international volunteers, so make sure to inform us of any special and creative skills you might have (like music, dancing or anything else that might be helpful). It's important to bring your creativity and your own culture to blend it with the rest of the team and with the children.

The team responsible for these activities will be the afternoon kitchen shift. Meaning that those volunteers who are going to start working in the kitchen at 5pm they will dedicate two hours in the morning to organise activities with the children.

Optional

If you are willing and as part of your own free time, you can also participate in the afternoon sport activities with the kids. Some painting and garden works are to be done. Some optional creative activities will be arranged, depending on your will and disposition. Greek and foreign Volunteers are collaborating in many

tasks.

ACCOMMODATION AND FOOD

Very basic. The volunteers will sleep in tents equipped with beds, within the camp area as everyone else. The floor of the tent is made of cement, but you will need a warm sleeping bag. There is WC and showers near the tents but no hot water. There is no WiFi and the cell reception for mobile phones is very bad (it might allow for phone calls and messages but internet will be extremely slow).

Food: It will be prepared by the Chef of Camp. It will be Greek and traditional. There will be options for vegetarians in the menu but not many.

Weather: Usually quite warm at that period (25°–35°C), but during the night it might become a little chilly. Rain is expected at least during few days within the duration of the workcamp. The location is on the feet of a mountain with rich flora (about 400m altitude).

LOCATION AND LEISURE

The Camp is situated at Agios Georgios, on mount Pateras, 33 km to the north-West of Elefsina (or Elefsis) and 55 km from Athens: <https://goo.gl/maps/xFnrNViAEH52>

It is located several km away from the nearest village, and it is only reachable by car (no bus connections to the camp site). CiA will arrange means of transportation to/from the campsite.

Free days

Two free days will be arranged during the workcamp. According to the shifts and working demand there might be the chance for some extra free hours but this will not be for the whole group and it will be organised on an individual level.

TERMINAL: Athens International Airport (ATH)

ACCESSIBILITY: This workcamp is accessible to A4A volunteers (inaccessible for wheelchair users and people with severe visual impairment).

NOTES: The work will be physically demanding mainly because of the longer working hours and working shifts.

SUMMARY

Citizens in Action and "Happy Children Happy Youth" are organizing this international workcamp in an isolated mountain area close to Elefsina, to contribute to the overall running of a summer camp hosting 140 children from socially deprived background. International volunteers will support in the kitchen and organizing activities with kids. They will have the chance to be part of an 87 years old social movement and work together with more than 50 Greek volunteers, offering to children a life time experience and to themselves a meaningful experience of active social participation and solidarity.

