

全年計畫主題速寫

- #SDA101 國際志工百年慶典工作營
- #SDA102 社區協助工作營
- #SDA103 社區幼稚園建造工作營
- #SDA104 社區遊樂園建造及道路修繕
- #SDA105 國家公園環境整理與協助護理之家
- #SDA106 兒童與青少年英語培訓工作營
- #SDA107 兒童與青少年英語培訓工作營
- #SDA108 社區教堂、果園整理及慶典協助
- #SDA109 土地清潔及保護工作營
- #SDA110 協助校園工作及啤酒節準備
- #SDA201 啤酒廠修繕工作營
- #SDA202 Grabstejn 古堡與古堡公園修復
- #SDA203 房屋清潔與教堂工作
- #SDA204 歷史文化中心修復工作營
- #SDA205 Hauenstejn 古堡修復工作營 Age 15-17
- #SDA206 修道院修復工作營
- #SDA207 啤酒廠修復工作營
- #SDA301 舉辦兒童夏令營 Age 21-25 限女性
- #SDA302 舉辦兒童環境保育夏令營
- #SDA303 舉辦兒童夏令營
- #SDA304 兒童夏令營英文教學互動
- #SDA305 老人照顧與陪同
- #SDA306 為身心障礙兒童舉辦夏令營
- #SDA307 為 15-28 歲身心障礙者舉辦夏令營
- #SDA308 農場協助及農業種植工作營
- #SDA401 協助遊樂場修復及改建 親子計畫
- #SDA402 生態村建造工作營
- #SDA403 農村環境協助工作營 親子計畫

#SDA404 地方環境維護工作營

#SDA405 綠地保護與協助露營地工作 親子計畫

#SDA406 綠地保護與協助露營地工作

#SDA407 拯救乾燥土地及清理環境

#SDAH01ESC Grabstejn 古堡周邊整潔管理

#SDAH02ESC Hartenberg 古堡拆除與重建

#SDAH03ESC Grabstejn 古堡周邊整潔管理

#SDAH04ESC Veseli 古堡翻新與周邊整理

*志工伙伴如果有找到心儀的計畫，可以用 Ctrl+F 搜尋計畫代碼，瞭解完整計畫資訊！

感謝 VYA 2020 春季實習伙伴貼心整理：

♥ 張淳茹、黃資閔、王若穎、陳子萱、謝汶穎 ♥



INEX-SDA

WORKCAMPS



CZECH REPUBLIC

2020

INEX-SDA WORKCAMPS IN 2019

ABOUT INEX-SDA

INEX – Association of Voluntary Activities is a non-governmental not-for-profit organisation founded in 1991 to carry out and support international voluntary work and intercultural education. We arrange voluntary placements abroad for Czech volunteers and organise voluntary projects in our country for incoming foreign volunteers. Annually we send almost 500 volunteers abroad to short-term or long-term projects and welcome around 300 volunteers in the Czech Republic.

The mission of INEX-SDA is to:

1. encourage development of a respectful and open society,
 2. promote an active and responsible approach to the world around us both locally and globally.
- Our tools are international voluntary projects, educational programs and campaigns.

We create space in which especially people can gain new experience, expand their skills and develop their own views of the complexity of the world around them.

BASIC GENERAL INFORMATION FOR WORKCAMP PARTICIPANTS

Age limit: Minimum age is 18 years. If not stated differently, there is no maximum age limit. For teenage workcamps, the age limit is 15-17. For family workcamps, the age limit for children is 5-12.

Duration of the projects: 8 - 24 days

Number of volunteers per project: 5 - 15 volunteers + 1-2 campleaders

Project language: English

Working hours: Approximately 6 hours per day with 1-2 free days/week

Study part:

Depending on the local possibilities: excursions, discussions, workshops, guided tours or intercultural evenings for public are planned as part of each project. In this way INEX-SDA supports non-formal (intercultural) learning in relation to the projects' topics.

Insurance:

INEX-SDA provides basic liability insurance for the project participants above 15 years old, covering the costs of damages up to about 2,900 EUR. INEX-SDA does not provide any health insurance for the workcamp participants. Volunteers cannot stay at the workcamp without this insurance! We strongly advise volunteers to arrange additional travel insurance. Volunteers need to bring all the necessary documents along with them.

Other requirements:

No special knowledge or skills are required, but enthusiasm and interest in the project is necessary. For some projects we ask for a motivation letter, a certificate of good conduct and/or a medical form. The motivation letter needs to be handed in with the application form. The certificate of good conduct must be sent as a scan 4 weeks before the project starts and brought by the volunteer to the project. The medical form will be sent after acceptance of the volunteer to be filled in and signed by a doctor. Please note the additional information in the project descriptions.

Teenage workcamps:

INEX-SDA teenage workcamps are open for participants from 15 to 17 years old. We require from each underage participant to send us a **parental authorisation** and a **medical form** filled and signed by a parent or a legal guardian. Both documents will be provided after acceptance and must be sent as scan copies no later than 4 weeks before the start of the workcamp (by email) and then brought to the workcamp (in hard copies).

Participation fee:

For teenage and family workcamps, we ask participants to contribute with a fee which covers the costs of some free time activities and/or accommodation, food, and costs of local leader/main

campleader. The fee needs to be sent to us by a bank transfer in advance. Bank details and deadline for payment will be provided in the acceptance email.

Cancelation policy:

In case of last minute cancelation (less than 3 weeks before the start of the camp), cancelation policy applies: 35 % of the fee is non-refundable. We refund the fee upon request.

Campleaders:

Our workcamps are led by one or two campleaders who coordinate the everyday life in the group. They cooperate with the local partners and facilitate decision-making in the group. Our campleaders are required to complete an intensive 3-day training especially designed to their needs. Our campleaders also have basic first-aid training.

Reservations:

Please note that your reservations finish on May 1st for all projects starting before July 1st and on May 31st for all projects starting after July 1st.

Alliance Access 4 All Campaign:

We welcome volunteers with fewer opportunities at our workcamps. Placement to the right project will be based on volunteers' needs and cooperation between all the parties involved. We use A4A tools.

CLASSIFICATION OF THE INEX-SDA WORKCAMP

Our workcamps can be classified into four thematic groups:

1. Help the Community (project code starts with 1)

The projects take place in small rural communities and focus on the sustainable development of the villages and the surrounding countryside (there are also projects in cities). Volunteers support local municipalities and non-governmental organizations by helping with renovation, organization of local festivals and events and by preparing activities for children and youth.

2. Help the Landmarks (project code starts with 2)

The projects focus mainly on the preservation and renovation of historically significant objects such as castles, historical cemeteries, churches and other monuments. The volunteers will get familiar with the history of the Czech Republic. Through their practical work awareness for the importance to preserve historically and culturally important sites is raised.

3. Help the People (project code starts with 3)

The volunteers support various social projects which offer help to people facing social exclusion, children and youth, the elderly, people with special needs and others. According to the needs of the local partner, the volunteers do manual work (e.g. renovation, maintenance, construction work) or work directly with the projects' clients.

4. Help the Nature (project code starts with 4)

The projects aim at environmental protection and education towards an environment-friendly lifestyle. The volunteers will do practical environmental work in natural preserves, forests and other environmentally important areas. Most of work takes place outdoors and can include planting trees, scything protected meadows or reviving springs etc.

OUR CONTACT DETAILS

INCOMING contact persons:

Kyriakos Panagasis – Incoming Placement Officer, email: incoming@inexsda.cz

Zuzana Pitkova – Incoming Coordinator, email: projekty.cr@inexsda.cz

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Phone (office): +420 222 362 715

Emergency phone (mobile phone): +420 774 736 594

OUTGOING contact persons:

Aneta Slavickova – Outgoing Placement Officer, email: outgoing@inexsda.cz

Dominika Prikrylova – Inclusion, General Coordination, email: info@inexsda.cz

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INEX-SDA

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Workcamps 2020

 Help the Community

 Help the Landmarks

 Help the People

 Help the Nature



OVERVIEW OF THE WORKCAMPS 2020

Code	Name	From	To	Type	Vols+ leaders	Part. fee	Special remarks
SDA 101	Celebrate 100 Years of Workcamps in Hlasnice	7.6.	21.6.	FEST/SOCI	12+2		reduced mobility friendly
SDA 102	International Summer in Stolmir	5.7.	18.7.	KIDS/RENO	6+1		ML
SDA 103	Experience Czech Countryside in Vselibice	27.7.	9.8.	RENO/ENVI	10+2		new, 17+ (17y/o PA)
SDA 104	Get Involved in Odolena Voda	1.8.	15.8.	CONS/ENVI	14+2		
SDA 105	Nature and Community in Jilemnice	3.8.	12.8.	ENVI/SOCI	10+2		new
SDA 106	Volunteering in Kysice	15.8.	31.8.	KIDS/ENVI	10+2		med. form
SDA 107	Renovate Art Centre in Prague	17.8.	28.8.	RENO/ART	6+2		ML
SDA 108	Rock Summer in Kozolupy	21.8.	31.8.	RENO/FEST	15+2		
SDA 109	Create a Place of Reconciliation at Rabštejn	23.8.	6.9.	RENO/ENVI	12+2		new
SDA 110	Volunteering in Dysina	23.8.	12.9.	RENO/ENVI	7+2		
SDA 201	Renovate a Historical Brewery I	28.6.	10.7.	RENO	6+1		
SDA 202	Discover Orchards and History in Prácheň	5.7.	13.7.	RENO/ENVI	6+1		TBC
SDA 203	Volunteering at Grabštejn Castle	7.7.	22.7.	ENVI/RENO	10+2		
SDA 204	Jewish Holesov	14.7.	26.7.	RENO/FEST	6+1		
SDA 205	Friendly Hospitality House	19.7.	2.8.	RENO	10+2		
SDA 206	Restore a Historical Cultural Centre	27.7.	3.8.	RENO	8+2		new, 17+ (17y/o PA)
SDA 207	Teens at Hauenštejn Castle	9.8.	21.8.	RENO	10+2	100€	TEEN, PA, MFS
SDA 208	Volunteers for Porta Coeli Monastery	12.8.	24.8.	RENO/ENVI	15+2		
SDA 209	Renovate a Historical Brewery II	4.9.	17.9.	RENO	6+1		
SDA 301	BumbleBEE Summer Camp	12.7.	25.7.	KIDS/ENVI	4+0		new, CGC, med. form
SDA 302	Fight Social Exclusion	13.7.	26.7.	KIDS/FEST	10+2		ML
SDA 303	English Summer Camps for Kids	19.7.	1.8.	KIDS	5+1		ML, CGC, med. form
SDA 304	Help the Elderly in Prague 15	1.8.	9.8.	SOCI	6+2		ML, CGC, med. form
SDA 305	Centre for All Summer Camp	13.8.	25.8.	DISA/KIDS	6+2		ML, med. form
SDA 306	Centre for All Summer Camp II	20.8.	1.9.	DISA/KIDS	6+2		ML, med. form
SDA 307	Organic Farming at Camphill Community	6.9.	19.9.	AGRI/RENO	10+2		
SDA 401	Family Workcamp at Eco Centre Horní Maršov	13.7.	22.7.	FAM/ENVI	20+2	120€/70€	new, kids 6-15 y/o
SDA 402	Create an Eco-Village in Czech Mountains	17.7.	31.7.	ENVI/RENO	12+2		
SDA 403	Family Workcamp on Educational Farm	18.7.	26.7.	FAM/ENVI	20+2	90€/60€	kids 5-12 y/o
SDA 404	Back to Nature for Families	22.8.	29.8.	FAM /ENVI	25+2	35€/20€	kids 5-12 y/o
SDA 405	Back to Nature	30.8.	12.9.	ENVI	10+2		17+ (17y/o PA)
SDA 406	Let's Cultivate Our Landscape	31.8.	13.9.	ENVI/SOCI	8+2		new

ESC Volunteering Teams 2020 - High Priority Areas

Code	Name	From	To	Type	Vols+leaders	Special remarks
SDA H01ESC	Grabštejn Castle I	10.6.	24.6.	RENO/ ENVI	10+2	ML
SDA H02ESC	Hartenberg Castle	18.7.	1.8.	RENO	13+2	ML
SDA H03ESC	Grabštejn Castle II	5.8.	19.8.	RENO/ ENVI	10+2	ML
SDA H04ESC	Veseli Castle	9.8.	23.8.	RENO/ENVI	8+2	ML

INEX-SDA WORKCAMPS IN 2020

1. Help the Community

SDA 101 Celebrate 100 Years of Workcamps in Hlasnice

07/06 – 21/06/2020

FEST/SOCI

Vols 12 + 2 team leaders

Age 18+

reduced mobility

Project: The workcamp takes place in a small village of Hlasnice in the northern part of Moravia in cooperation with the local municipality. The village and its citizens try to revive public places for relaxing and leisure activities – the community center with playground and sports equipment, where they organize various community events. The aim of this workcamp is to help with preparation and organization of a traditional event dedicated to the local integrated rescue system presentations (e.g. firemen, police and ambulance) in the first week and during the second week to help with organization of this year's special event, celebrating the 100 years of workcamps, including presentation of volunteering idea in local schools and also to the local mayors of neighboring villages. In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Communities (UN SDG11).

Work: You will help to get the community center area ready for a traditional cultural event dedicated to presentations of the local integrated rescue system units (e.g. firemen, police and ambulance), on Saturday, June 13th. The second week you will help to organize the special event Celebrating the 100 Years of Workcamps with presentation of volunteering and workcamps to invited local mayors from different villages and towns and also to a group of mayors from partner area in Poland. You will also help with presentations of volunteering opportunities to the students in local schools and in the Olomouc University. You will clean up the area afterwards, help with some maintenance tasks and help with cooking the international meals for invited guests at "The International Evening Party." Depending on time available, you might also engage in presenting the hiking and cycling trails located north of the village. Bring working clothes, solid shoes and some fun ideas for activities with students.

Study part: Excursion to the historical town of Sternberk (4 km) – a castle, a monastery, a unique exposition of time. There will be at least one meeting with the local community and invited guests – The International Evening with presentations of various cuisines and countries. Please bring something traditional ingredients/spices from your country for preparation of your favorite national meals. It will be reimbursed by the organization.

Leisure time: You can use sports equipment in the area of the community center (football, volleyball, tennis), do a barbecue party, go swimming, try horse-riding, visit the nearby historical towns of Sternberk and Olomouc, go hiking to the Jeseniky Mountains and to the Sovinec Castle, etc.

Accommodation/Food: In the community center. You will sleep on mattresses in 1 room with a carpet. Bring your own sleeping bag! Several toilets and showers are available, in the community center and a building next door. There is a fully equipped kitchen in the center. You will cook your own meals as a group from food supplies provided by the local partner.

Location: Hlasnice (220 inhabitants) in the Olomouc region. It is located 20 km to the west from the region city of Olomouc, at the foot of Low Jeseniky Mountains. It is possible that for 2 or 3 days you will work in the surrounding town of Sternberk and Olomouc city (visiting schools and university).

Address: Hlasnice 43, Hlasnice, 785 01

Meeting point: Hlasnice. The meeting time is usually in the afternoon. Please note it takes at least 3 hours to get there from Prague. The exact info will be provided in the infosheet.

Requirements: This workcamp is perfect for everyone who wants to volunteer in the countryside, to take a part in organization of events, to meet and discuss with the young people/students. Volunteers interested in presenting the volunteering ideas and experienced in cooking the traditional meals of their country cuisine for an event are welcome. Allergies notice: pollen. No alcohol is allowed while working.

Note: The community house is equipped with barrier-free entrance and toilets – project is open to wheelchair users. See photos from the previous workcamp: <https://www.inexsda.cz/media/support-local-community-in-hlasnice-2019/>.

SDA 102 International Summer in Stolmir

05/07 – 18/07/2020

KIDS/RENO

Vols 6 + 1 team leader

Age 18+

ML

Project: The workcamp is held in a small village Stolmir in cooperation with a non-profit organization Mamaloca which works for the community, without prejudices, and in a harmony with the nature. The organization devotes itself to education, supporting the community and the culture life not only in Stolmir. They organize IT clubs for elderly, children groups and suburban camps. They try to save the local Saint Havel's church, organize concerts, theater performances and festivals. Every month, they open a big traditional oven for public which can be used for baking homemade bread. The aim of this workcamp is to help to renovate St. Havel s church, create some outdoor furniture in the village and help with the artistic suburban camp for children.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: You will engage in different types of activities: a) work in the area of the church (removing invasive plants, cleaning gravestones, cleaning attics, building scaffolding, glazing windows etc.); b) creating and installing outdoor furniture and other elements in the village (benches, statues, gazebos etc.) c) assistance with organizing workshops during a daily children camp for 30 children (hosting organization will choose min. 4 volunteers based on the letter of motivation).

Study part: A visit to a blacksmith workshop, an excursion to a brewery, baking bread, involving in a ceramic's shop, many manual activities, getting to know the host organization and its activities, a guided visit of the St. Havel s Church.

Leisure time: A bike trip in the surroundings, a trip to Prague, hiking, swimming in the Chrasnice quarry, projection of movies. In the accommodation, there is a piano and a projector.

Accommodation/Food: In the building of the hosting organization. There is a large attic with a small kitchen and a bathroom. Toilets are on the ground-floor. The facilities include a workshop and a big garden. You will sleep on mattresses, but you need to bring your own sleeping bag. There is a possibility of sleeping in tents or yurts in the garden. In the garden, there is a place for campfire and a summerhouse for evenings. During the children camp, meals will be provided by the organizers. In the remaining days, you will prepare breakfast and dinner together as a group, home-made lunch will be provided by hosting organization. You can see the photos of Mamaloca here: <https://www.facebook.com/pg/osmamaloca/photos/>.

Location: Stolmir (101 houses). It is about 1 km from the town of Cesky Brod which is about 10-15 minutes on foot. In the village, there is a public football pitch and a pond. Prague is about 35 minutes far by train from Cesky Brod.

Address: Havelská 3, 282 01 Cesky Brod - Stolmir

Meeting point: Stolmir. The meeting time is usually in the afternoon. Please note it takes about 35 minutes to get there from Prague. The exact info will be provided in the infosheet.

Requirement: We are excited to meet passionate volunteers. We welcome your own initiative, creativity and artistic skills. Please send us a short motivation letter explaining why you want to join this workcamp, what is your experience working with kids and what artistic skills you have. No alcohol is allowed during work and around children.

Note: Warning for people with allergies: in the surroundings of the organization, there are cats, dogs, horses, and cows. See photos from the previous workcamp:
<https://www.inexsda.cz/media/international-summer-in-stolmir-2019/>

SDA 103 Experience Czech Countryside in Vselibice

27/07 – 09/08/2020

RENO/ENVI

Vols 10 + 2 team leaders

Age 17+

NEW, 17y/o PA

Project: The workcamp is organized in a small village of Vselibice, Northern Bohemia, in cooperation with the local municipality. The first written reports on Vselibice date back to 1419. Last year the village celebrated 600 years since its establishment! Residents are often getting involved in social life and during a year, they organize many events: balls, Christmas and Easter workshops, events for children and the elderly. The village is well known for its active association activities involving many citizens. Vselibice has its own volunteer firefighters, gamekeepers/rangers, motorcycle club and Vselibice's women club. The aim of this workcamp is to bring an international atmosphere to the local community, to participate in the development and maintenance of the village and also to help get ready a new kindergarten.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11) and Life on Land (UN SDG15).

Work: The work will take place in the village and its area and it will be mainly manual. Currently the construction of the kindergarten is underway and should be opened in September 2020. During the summer, volunteers will take part in finishing works in the kindergarten such as cleaning, furniture assembly, unpacking of equipment and preparation of outdoor areas. Volunteers will also assist with cleaning the nearby stream and forest or painting the walls and cleaning the cultural centre. The work will be diverse and it will be based on the weather and state of completion of the kindergarten. Volunteers will definitely see the results of their activities. Work will not be very physically challenging. Please bring some old clothes that can get dirty or damaged.

Study part: There will be different events organized for volunteers such as excursion to volunteer firefighters, introduction to local crafts (beekeeping, baskets' making or gingerbread baking), traditional bonfire including roasting sausages and evening screening of a Czech movie.

Leisure time: During the weekend from 1st and 2nd of August 2020, volunteers will have the possibility to take a trip to Jested, a local transmitter and dominant of the region. Other interesting places in the region include a city of Liberec, Museum of Czech author Karolina Svetla and Johanite commandery in the nearby town of Cesky Dub or a natural reserve Czech Paradise. It is also possible to organize a tournament in darts/ping pong/volleyball with locals. On August 8th there will be an intercultural afternoon for locals, during which volunteers can present their countries - lecture, tasting of their food, thematic competitions or English speed course for local children, etc.

Accommodation/Food: Volunteers will be accommodated in the attic area of the fire department building, which has been renovated. They will sleep in the loft upstairs equipped with a kitchen and a spacious meeting room and a small room. There is a shower and toilet. Another possibility of shower-

ing is located near the water tank within walking distance. Please bring your own sleeping mat, sleeping bag and a pillow. The volunteers will cook all the meals together as a group.

Address: Vselibice 65, 463 48 Vselibice

Location: The workcamp will take place in Vselibice, a village in Liberec Region in the north of the Czech Republic. It has 554 inhabitants. There is a possibility of swimming in the local water tank. There is a small grocery store in the village. <https://www.vselibice.cz/>

Meeting point: Departure from Prague is recommended no later than 3 pm, we recommend departure in the morning hours. Please note that it takes over 2 hours to get there from Prague. The exact information will be provided in the infosheet.

Requirements: Volunteers are required to bring their own sleeping mat, sleeping bags and a pillow. Please also bring old work clothes which can get ruined, high waterproof outdoor shoes or rubber boots/wellingtons and raincoat, hiking gear. 17 years old volunteers need parental authorisation.

Note: Project is suitable for volunteers who like nature and countryside. Please bring your favourite national recipes (and special ingredients if needed) to prepare for the intercultural afternoon.

SDA 104 Get Involved in Odolena Voda

01/08 – 15/08/2020

CONS/ENVI

Vols 14 + 2 team leaders

Age 18+

Project: The workcamp takes place in a small town of Odolena Voda in cooperation with the local municipality. The town hall aims at creating good conditions for living, working, spending free time and enjoying the environment for its inhabitants. The main focus is on landscape regeneration and leisure time activities, such as social and cultural events or sports facilities. The aim of the workcamp is to help with renovation of the public space in the town, to create new play structures for children and maintain local green areas. This year, the workcamp will be organized for the 5th time.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: The work will manual and it can be physically demanding, so get ready for some hard work. The tasks can include: creating simple play structures for children from natural materials and building simple wooden staircase. You will also work in the local green areas to make the places attractive for locals by creating paths (e.g. by cutting grass or branches), by marking paths and collecting garbage. A lot of work will be done outside in all kinds of weather, please bring solid shoes.

Study part: Meeting the locals (e.g. local firemen), getting to know the local culture. During the workcamp, an international literary evening „Meeting of Languages“ will be organized in a house where a significant Czech poet Vitezslav Halek was born. You can get involved in the program by reciting short extracts of your favourite book or poem to the other volunteers and the public (in English or even in your native language). Please bring your favourite novel or book of poems, preferably in hard copies, which you would like to present at the event.

Leisure time: You can visit the local baroque church, fortress and museum; go on a hiking trip to close-by volcanoes, a trip to Prague, to the Veltrusy castle or a cycling trip to the town of Melnik. There is a possibility to use the community sports facilities for playing football, basketball, volleyball and beach volleyball and tennis. A BBQ party with locals will be organized during the workcamp. There is also a natural swimming pool in Odolena Voda. Please bring a swimming suit.

Accommodation/Food: In the local primary school. A kitchen, a bathroom and the gym will be

available. You will sleep on gym mats in classrooms or the gym. Please, bring your own sleeping bag and a light mat! You will cook your own meals as a group.

Location: A small town of Odolena Voda (population of 6,000 inhabitants), located approximately a half an hour drive from the outskirts of Prague.

Meeting point: Odolena Voda. The meeting time is usually in the afternoon. Please note it takes around 30 min to get there from Prague (there are many buses going every day). The exact info will be provided in the infosheet.

Address: Školní 200, 250 70 Odolena Voda, Czech Republic

Requirements: This workcamp needs volunteers who aren't afraid of physically demanding work and who enjoy working outdoor in all kinds of weather (it can get quite hot in summer). You can learn to work with different tools under supervision. Some work tasks will involve minor construction so you can use your skills or learn new ones.

Note: See photos from the previous workcamp: <https://www.inexsda.cz/media/get-involved-in-odolena-voda-2019/>

SDA 105 Nature and Community Life in Jilemnice

03/08 – 12/08/2020

ENVI/SOCI

Vols 10 + 2 team leaders

Age 18+

NEW

Project: The workcamp will take place in Jilemnice in cooperation with a scout centre and with an initiative MNOHO SVETU. MNOHO SVETU (MANY WORLDS) is a community of people in Jilemnice that is primarily linked by the interest in human rights. They have been organizing a film festival, charity fundraisers and discussions in Jilemnice (and its surroundings) for seven years. They help with charity projects or organize them ourselves. The aim of the workcamp is to acquaint volunteers with Jilemnice and vice versa, to show them the importance of promoting human rights and democracy through a community of active citizens and to learn how to build a community in their countries. It also aims to show the volunteers and the locals the importance of nature conservation.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11) and Life on Land (UN SDG15).

Work: The work will be diverse and it will take place both in Jilemnice and in the nearby national park. In Krkonose National Park the main task will be the maintenance of forests and meadows (mowing meadows, cleaning forests etc.). Volunteers will also help the nursing home in Jilemnice. You will help residents with their daily activities and refresh their foreign language skills. MNOHO SVETU is setting up a new community centre that will need to be painted and to make minor repairs.

Study part: There will be a trip to the mountains in cooperation with the National park Krkonose to explore the area through a new perspective. An excursion will be organized to see the production of glass beads at a company Rautis, which is nominated for a UNESCO list. There will be screening of a human rights movie, a visit to the museum of skiing history and to the biathlon area. There will also be a workshop on bird watching, catching and ringing.

Leisure time: Jilemnice has many possibilities for entertainment whether going on trips to nearby ponds or campfire evenings in the woods. Movie nights at the cinema can be arranged. There are many sports opportunities- there is a swimming pool, sports hall and outdoor pitch in Jilemnice. Also international evenings will be organized- please bring your favorite recipes (or special ingredients if needed) to share with other volunteers and locals.

Accommodation/Food: You will stay at a scout centre in Jilemnice and you will be sleeping on bunk beds. Please bring your own sleeping bags! There are showers, toilets and a kitchen at the scout centre. Breakfast will be provided from the local canteen by the MNOHO SVETU community. You will prepare your own lunches, dinners and snacks as a group.

Address: Do Žlábku 1335, Hrabačov, 514 01 Jilemnice

Location: The workcamp will take place in Jilemnice, which is a small town in the Liberec Region, in the north of the Czech Republic. It has around 5400 inhabitants. The roots of the town go back to the 14th century with many historical monuments preserved in the centre of the town. Jilemnice is called the gateway to the Krkonose Mountains and it is surrounded by picturesque nature.

Meeting point: Jilemnice. The meeting time is usually in the afternoon. Please note that it takes over 2 hours to get there from Prague - Cerny Most bus station. The exact information will be provided in the infosheet.

Requirements: The workcamp is suitable for all who are interested in environmental and social problems. Please bring some old clothes that can get dirty or damaged and sturdy shoes.

Note: You will spend a lot of time outdoors so you can get into contact with different kinds of plants, herbs, pollen, and insects.

SDA 106 Volunteering in Kysice

15/08 – 31/08/2020

KIDS/ENVI

Vols 10 + 2 team leaders

Age 18+

med. form

Project: Kysice is a village about 10 km from the city of Pilsen – the regional capital and the European Capital of Culture in 2015. About 900 inhabitants live in Kysice. It is an active village which emphasises cultural and community life and involvement of its citizens. The municipality of Kysice has organized 8 workcamps so far and it was the first one to organize teenage workcamps in the Czech Republic. There will be plenty of opportunities to meet the locals, especially children and youth but also adults who like to take part in different activities connected to the workcamp. The aim of the workcamp is to enrich the cultural and social life in the village, promote volunteering and international cooperation.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11) and Life on Land (UN SDG15).

Work: The main aim of this workcamp is to help organize 2 summer programs for local children and teenagers to develop English skills of the youth. 2-3 days of the first week you will also do maintenance work in the forest and public space (cleaning, repairing fences, cutting grass and bushes). Two days will be dedicated to working with children (7-13 y/o)- assistance in a daily camp (volunteers do not organize the program, but only actively participate in it) and also preparing program for the second week camp (games, fun activities, trips- the campleaders will help). The second week your task will only be the camp, which is for 12-17y/o youth (max. 20 participants) and is focused on practicing English. In addition to preparing games and excursions, it is also necessary to prepare a children's Saturday afternoon (approx. 2 hours), which is attended by approximately 50 children. Both the volunteers and all camp children participate in the preparation and implementation. Working with children is not difficult, but it is mentally demanding. Please bring solid shoes and working clothes that can get dirty or damaged.

Study part: Two international evenings will be organized during the workcamp so that local people can learn more about volunteers' countries where they come from and national cuisines (please bring your favourite recipes). Since this will be the 9th workcamp in Kysice, please be prepared for more

specific questions (about your towns, hobbies, why you chose to come to Kysice etc.). There is also a possibility to attend creative workshops, to meet the local chronicler or to arrange visit to an art gallery or fire station. You can also attend a small show organized by the local music school.

Leisure time: Various sports, a golf lesson, football or volleyball tournament with the locals, visit to the city of Pilsen (historical city centre, museum, observation tower, science centre, zoo), visit to nearby castles, campfire, movies, swimming or hiking. There will be a barbeque with music organized in a garden of one of the active locals.

Accommodation/Food: In one big room of a local cultural centre. There are showers, toilets, a small kitchen and a common room with a piano. Please bring your own sleeping bag and sleeping mat as you will sleep on the floor. Lunch will be provided in a local restaurant (you can choose from two meals) and you will prepare your own breakfast, snacks and dinner together as a group. There is no wi-fi in the building. Please bring simple recipes from your home country.

Location: The village of Kysice near Pilsen. In the village, there is a cultural centre which will serve as accommodation for volunteers as well as a meeting place during summer camps. Near the cultural centre, there is a multipurpose playground, a small rope centre and a place for a campfire. In the ground floor of the culture centre, there is a local pub, a small convenience store and a gym. In the surroundings, there are a lot of forests, rivers and ponds with educational paths.

Meeting point: Pilsen. The meeting time is usually in the afternoon. Please note that it takes at least 1 hour to get there from Prague. The exact info will be provided in the infosheet.

Address: Ke Hřišti 195, 330 01 Kyšice, Czech Republic

Requirements: We are looking forward to hosting active and communicative participants who would like to discover new things and meet new people. You should expect to interact a lot with local children and youth. Please bring some ideas for games and activities for children and youth. If you play any musical instrument, you are welcome to bring it. Please note that some children don't have good level of English or rich vocabulary, however, there are keen on meeting new people. This workcamp is particularly suitable for volunteers with experience with working with children and youth and enjoy being part of a group. We don't expect special skills, but we count on your interest and enthusiasm. No smoking or alcohol is allowed during the workcamp.

Note: Please prepare a presentation about your town and yourselves (e.g. hobbies etc.), or a dance or traditional games. Volunteers will also learn more about Kysice and the Czech Republic. There is an option of an early leave on Sunday (since the last activity is on Saturday afternoon). See photos from workcamp in Kysice: <https://www.inexsda.cz/media/volunteering-in-kysice-2019/>

SDA 107 Renovate Art Centre in Prague

17/08 – 28/08/2020

RENO/ART

Vols 6 + 2 team leaders

Age 18+

ML

Project: Kysice is a village about 10 km from the city of Pilsen – the regional capital and the European Capital of Culture in 2015. About 900 inhabitants live in Kysice. It is an active village which emphasises cultural and community life and involvement of its citizens. The municipality of Kysice has organized 7 workcamps so far and it was the first one to organize teenage workcamps in the Czech Republic. There will be plenty of opportunities to meet the locals, especially children and youth but also adults who like to take part in different activities connected to the workcamp. The aim of the workcamp is to enrich the cultural and social life in the village, promote volunteering and international cooperation.

Work: The main aim of this workcamp is to help organize 2 summer programs for local children and teenagers to develop English skills of the youth. You will play games and go on trips together with local youth. You will engage in English-teaching games, quizzes and competitions which you can also help to organize. The summer programs welcome children from 7 to 12 and youth from 13 to 18. Together you will also organize international evenings and a traditional event for children Good-bye, Summer Holidays (31.8.). These activities will take up about 70% percent of the workcamp. The rest of the activities will be manual, such as cleaning the forest and maintaining green areas in the villages. Please bring solid shoes and working clothes that can get dirty or damaged.

Study part: Two international evenings will be organized during the workcamp so that local people can learn more about volunteers countries and towns where they come from. There is also a possibility to attend creative workshops or to arrange visit to the local bakery, brewery or fire station. You can also attend a small show organized by the local music school.

Leisure time: Various sports, a golf lesson, football or volleyball tournament with the locals, visit to the city of Pilsen (historical city centre, museum, observation tower, science centre, zoo), visit to nearby castles, campfire, movies, swimming or hiking.

Accommodation/Food: In one big room of a local cultural centre. There are showers, toilets, a small kitchen and a common room with a piano. Boys and girls share the same space. Please bring your own sleeping bag and sleeping mat as you will sleep on the floor. Lunch will be provided in a local restaurant and you will prepare your own breakfast, snacks and dinner together as a group (1 kitchen team per day). Shopping is organized by the local partner and campleaders. There is no wi-fi in the building. Please bring simple recipes from your home country.

Location: The village of Kysice near Pilsen. In the village, there is a cultural centre which will serve as accommodation for volunteers as well as a meeting place during summer camps. Near the cultural centre, there is a multipurpose playground, a small rope centre and a place for a campfire. In the ground floor of the culture centre, there is a local pub, a small convenience store and a gym. In the surroundings, there are a lot of forests, rivers and ponds with educational paths.

Meeting point: Pilsen. The meeting time is usually in the afternoon. Please note that it takes at least 1 hour to get there from Prague. The exact info will be provided in the infosheet.

Requirements: Parental authorisation and medical form is strictly required! The forms will be provided after the acceptance to the workcamp. We are looking forward to hosting active and communicative participants who would like to discover new things and meet new people. You should expect to interact a lot with local children and youth. Please bring some ideas for games and activities for children and youth. If you play any musical instrument, you are welcome to bring it. Please note that some children don't have good level of English or rich vocabulary, however, there are keen on meeting new people. This workcamp is particularly suitable for volunteers with experience with working with children and youth and enjoy being part of a group. We don't expect special skills, but we count on your interest and enthusiasm. No smoking or alcohol is allowed during the workcamp.

Participation fee: 85 EUR. The fee covers the main leader's salary, free-time and educational activities, travels within the project and it contributes to INEX-SDA's coordination costs. We require the volunteers to send the fee directly to INEX-SDA by a bank transfer before the workcamp starts. Bank details and deadline for payment will be provided in the acceptance email.

Note: Please prepare a presentation about your town and yourselves (e.g. hobbies etc.), or a dance or traditional games. Volunteers will also learn more about Kysice and the Czech Republic. You should expect to interact a lot with local children and youth. Please bring some ideas for games and activities for children and youth. If you play any musical instrument, you are welcome to bring it. Please note that some children do not have good level of English or rich vocabulary, however, there are keen on meeting new people. See photos from the 2018 workcamp in Kysice: goo.gl/bLdKNn

SDA 108 Rock Summer in Kozolupy

28/08 – 07/09/2020

RENO/FEST

Vols 15 + 2 team leaders

Age 18+

Project: The workcamp is held in cooperation with Local Action Group (MAS) Radbuza and the municipality Kozolupy. The aim of MAS Radbuza is the protection of regional values such as well-preserved nature, rich culture and healthy environment, and supporting citizen initiatives at a local and regional level. Kozolupy is a small but active village and the 2017 Village of the Year Award winner for their social life. The aim of the workcamp is to help the municipality with maintenance of a church, revitalization of orchards and preparations of a rock festival. You will also have an opportunity to experience life in the countryside.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11) and Life on Land (UN SDG15).

Work: You will help to maintain the local church which will include for example cleaning statues, washing tiles, sanding benches or painting beams. You will also work in an old municipal orchard where you will repair fences, cut old trees and bushes and clean the area. There will be other tasks in the village, depending on the current need. At the ending of the workcamp, there will be a traditional one-day festival Rock Summer on the Mze River, where the volunteers will help mainly with preparations of the event (building stalls and fences) and with cleaning afterwards. You will not have to work a lot during the event, so you can enjoy yourselves during the festival.

Study part: Having discussions with local people and the members of the local action group, organizing a football match with the local team, having an international dinner or a barbecue.

Leisure time: You can go on a trip to the city of Pilsen (guided tours, visiting the famous brewery etc.), do hiking trips in the countryside, explore the region (e.g. Chotesov Monastery, a historical town of Dobrany, Krizovy Vrch observation tower), swim in the Hracholusky Dam, or do other sport activities etc.

Accommodation/Food: In the local cultural centre. You will sleep in one of the halls of the centre on mattresses or gym mats. Please bring your own sleeping bag. There are toilets and showers in the building and also a small improvised kitchen. You will prepare breakfast together as a group, lunch and dinner will be provided in a local restaurant, so you can taste traditional Czech cuisine.

Location: Kozolupy (1,100 inhabitants) in the Pilsen Region. It is located near the Hracholusky Dam and about 10 km from Pilsen.

Address: Kozolupy 146, 330 32 Kozolupy

Meeting point: Kozolupy. The meeting time is usually in the afternoon. Please note it takes nearly 2 hours to get there from Prague. The exact info will be provided in the infosheet.

Requirements: We are looking for responsible and passionate volunteers.

Note: See photos from the previous workcamp: <https://www.inexsda.cz/media/rock-summer-in-kozolupy-2019/>

SDA 109 Create a Place of Reconciliation at Rabštejn

23/08 – 06/09/2020

RENO/ENVI

Vols 12 + 2 team leaders

Age 18+

NEW

Project: The workcamp is organized in co-operation with the town of Ceska Kamenice (app. 5200 inhabitants). It is the only town in the Czech Republic located on the interface of three protected landscape areas. The nearest one is Czech Swiss National Park and it lies just on the outskirts of the town. The centre of the city consists of well-preserved urban heritage zone with a variety of cultural monuments. For these reasons, the city is a natural centre of tourism in the region. The workcamp will take place in the nearby valley where lay ruins of a former concentration camp Rabstejn. The aim of the workcamp is to clean the area and create a dignified memorial of the history with the locals that lived through it. It should be a reminder of the unfortunate post-war events - relocation of the Sudeten Germans (today the monument is only remembering the victims of the war; however, the camp was also used during the relocation just after the war). It also aims to create a better touristic infrastructure in the valley.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: The work will take place in the Rabstejn Valley area and it will be manual. The work will include cleaning clutter, digging soil, cleaning, installing informative signs and memorials, marking and creating hiking trails (e.g. installation of wooden stairs). All the works described above should take place outdoors, in case of bad weather, participants will work in a covered building - former textile factory or further away (where they will be transported).

Study part: International evening (presentation of the cultures of individual participants) for the general public, discussions with the locals who lived through the Rabstejn's history (relocated Sudeten Germans, some of whom were directly staying in the Rabstejn concentration camp), along with them installation of the memorial.

Leisure time: Trips to the surrounding areas (three protected landscape areas, Czech Swiss National Park, a number of cultural monuments – in Ceska Kamenice and in the nearby area e.g. chateau in nearby Decin), swimming pool, sports complex (hall games and outdoor tennis/badminton courts), water park in Decin, via ferrata, in case of interest, possibility of sports matches against local associations, clubs etc.

Accommodation/Food: There will be a camp built for the purpose of the workcamp. Accommodation in tents for 2 people, facilities (kitchen, dining room, etc.) in the central tent, possibility to use (in case of bad weather, or for storing things in a lockable space) the building of a former textile factory next to the campsite. Showers and toilets available in the form of a mobile unit. Volunteers cook meals together in the kitchen which will be built as part of the camp.

Location: The Rabstejn Valley, the most important part of which is the ruins and monument of the former Rabstejn concentration camp (<https://goo.gl/maps/UZev4KBK2pB68HHE7>). Participants will be camping in a field located in the valley, in the near proximity of the former textile factory (<https://goo.gl/maps/GiLzTkWS7ykrCt3K9>).

Meeting point: Ceska Kamenice. The meeting time is usually in the afternoon. Please note that it takes around 2,5 hours to get there from Prague. The exact information will be provided in the infosheet.

Requirements: Please bring your own sleeping bag and a sleeping mat. Project is for volunteers who like to get to know the history of the region and who like to work outdoors.

Note: The nights can be colder so please bring enough warm clothes and also clothes that can get dirty. Please bring your favorite national recipes to prepare for the international evening.

SDA 110 Volunteering in Dysina

23/08 – 12/09/2020

RENO/ENVI

Vols 7 + 2 team leaders

Age 18+

Project: The workcamp is organized in a small village of Dysina, Western Bohemia, in cooperation with the local municipality. The village has an industrial history and nowadays, there is a strong connection to the personality of the U.S. General Patton who freed Western part of Czechoslovakia at the end of WWII with the troops (there is even a statue of the general in the village). There are several active associations in the village. The aim of this workcamp is to help to maintain green areas and other public places in the village, to organize a traditional beer festival and to prepare local primary school and kindergarten for the beginning of new school year. Volunteers are invited to Dysina for 15th time this year.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11) and Life on Land (UN SDG15).

Work: The work will be mainly manual and outdoors. You will do different gardening works (cutting bushes and grass, raking etc.) and some other renovation and maintenance tasks (around the local kindergarten and primary school). You will also help to prepare a beer festival. Bring solid shoes and working clothes for different kinds of weather. The new school year will start at the beginning of September, so you will have a chance to meet local school children and prepare some presentations and activities about your country and culture. Bring something special from home which could be suitable for such an activity (games, music, pictures, etc.).

Study part: You can get familiar with the local history and culture by meeting local community. During the beer festival, you will get the opportunity to present your town or country to locals. You will have a chance to learn some basics of golf, there will be a two-hour lesson of golf provided for the volunteers in the golf terrain nearby. You will also visit the local horse stables.

Leisure time: Excursion to Pilsen (European Cultural Capital 2015), trips to the surrounding countryside, visit of cultural and historical sights, campfire, going swimming, doing sports in the sports ground near the accommodation, playing board games, etc.

Accommodation/Food: In a local community centre on (gym) mattresses. There is 1 room for sleeping (women and men share the same room) and 1 common room with a kitchen corner. Please bring a sleeping bag and be ready for basic conditions – the showers are in cabins of the football pitch about 10 mins walk from the accommodation. There is a possibility to have your clothes washed. Most meals will be served in the local school canteen and some will be prepared by the group. Vegetarian diet is possible.

Location: Dysina (about 1500 inhabitants) is located at about 10 km from Pilsen in the western part of Czech Republic.

Meeting point: Dysina. The meeting time is usually in the afternoon. Please note that it takes almost 2 hours to get there from Prague. The exact information will be provided in the infosheet.

Address: Přátelství 281, 330 02 Dýšina, Czech Republic

Requirements: Project is suitable for volunteers, who like gardening, are interested in getting to know the life of a small Czech village and who are ready to be in tight contact with the local community, especially children and youth.

Note: See photos from the previous workcamp: <https://www.inexsda.cz/media/volunteering-in-dysina-2019/>

2. Help the Landmarks

SDA 201 Renovate a Historical Brewery I

28/06 – 10/07/2020

RENO

Vols 6 + 1 team leader

Age 18+

Project: This workcamp is held in cooperation with a non-profit organization Association of Semik from Cechtin in a small village. The association is focused on supporting culture, social and craft events in the region, aiming at connecting people. It also renovates a cultural monument - a site of an old brewery in Cechtin that is currently in a bad state. The association organizes historical fashion shows and craft workshops, and manages a museum of wedding dresses. The aim of this workcamp is to contribute to the renovation of the brewery, reviving the site and making it accessible for public. This year volunteers will help to remove concrete from the granary floor and return it to its original state.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: Under the supervision of the hosting organization, you will be removing concrete floor in an old granary in order to recover the original wooden floor. You will also help to clean different areas in the site and prepare them for reconstruction. The activities might include masonry, painting, building fences, renovating floors, or taking down walls. The work will be specified based on the current needs but also abilities and interests of the volunteers. The work might be physically demanding. Apart from this, you will have a chance to help in the museum.

Study part: A guided tour of the historical brewery, meeting locals and members of the association, a lecture on the history of wedding dresses, possibility of organizing a fashion show in historical costumes.

Leisure time: Swimming in a local swimming pool (200 metres from the accommodation), a trip to the historical town of Trebic (UNESCO), a trip to the Stranecka Zhor Castle, making campfire or an international evening. You can also play ping-pong, darts, or badminton etc.

Accommodation/Food: In the building of the historical brewery. You will sleep in beds in rooms for 2 people. Bring your own sleeping bags. There are toilets and a shower. Please note that accommodation is located in the building which is currently under reconstruction. It is not suitable for people with dust allergies. Home-made meals will be provided by the hosting organization (3 times a day). You will help with cooking. During the international evening, you will have a chance to present you national cuisine. Bring your favourite recipes.

Location: Cechtin (300 inhabitants). The village is situated in the Vysocina Region, 30 km from Jihlava and 12 km from Trebic (UNESCO). In the village, there is a public swimming pool, a shop, a pub and a post office.

Address: Cechtin 2

Meeting point: Jihlava. The meeting time will be in the evening. The hosting organization will pick up the volunteers with car and take them to the workcamp site. Please note it takes at least 1,5 hours to get there from Prague. More information will be provided in the infosheet.

Requirements: The workcamp is not suitable for people with allergies to dust. You will live in the same building as a family with kids so it is necessary to behave respectfully.

Note: We welcome skilled and passionate volunteers, especially with interest in historical buildings.

SDA 203 Volunteering at Grabstejn Castle

07/07 – 22/07/2020

ENVI/ RENO

Vols 10 + 2 team leaders

Age 18+

Project: Grabstejn is a former medieval castle which was later rebuilt as a renaissance chateau. It was severely damaged under the communist regime but has gone through reconstruction since. Now it is an example of care for historical heritage presenting the life of high society through centuries to the wide public. The castle visitors are offered classical guided tours but also different cultural and educational activities. The castle is state-owned and is run by National Heritage Institute under the Ministry of Culture. The aim of the workcamp is to help local staff to maintain the castle park and its surroundings.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: Volunteers will work mainly in the castle park: maintaining paths and roads, removing invasive plants (e.g. nettles), cutting grass and branches, collecting garbage, removing wood or stones and gardening. The work is manual, physically demanding and sometimes you will need to work in a very steep slope because the castle is located on top of a hill! You will also help in the castle area (basic renovation and maintenance tasks – cleaning, painting). Bring working clothes that can get dirty or damaged and good solid shoes. It's also good to have long pants to protect you from nettles.

Study part: Learning more about the castle and its park (a guided tour around the castle). There will be an opportunity to organize a community dinner with local guides. Please bring recipes for your favourite meals and some pictures or music from your country/region of origin.

Leisure time: You can go hiking in the beautiful hilly countryside surrounding the castle and climb the famous mountain Jested (1012 m) with a unique mountain hotel on the top. The nearest city is Liberec (ZOO, botanical garden and much more). It is possible to visit a regional brewery and many other interesting sights, go swimming or boating, and/or visit a neighbouring dog-training army unit. Please bring some games and musical instruments.

Accommodation/Food: You will sleep directly in the castle in one big room with bunk beds. You need to bring your own sleeping bag. There is a toilet and a shower with hot water. Next to the bedroom, there is a small kitchen where you will prepare your meals together as a group. A common room is also available. There is a fireplace outside in the backyard of the castle where you can have barbecue.

Location: Grabstejn castle. It is in the village of Chotyne (860 inhabitants) in Northern Bohemia. The nearest town is Hradek nad Nisou (about 7,500 inhabitants) which is connected to Chotyne by public transport. The castle is located in a beautiful mountainous countryside which is perfect for hiking.

Meeting point: Chotyne train station. The meeting time is usually in the afternoon. Please note it takes at least 2 hours to get there from Prague. The exact info will be provided in the infosheet.

Requirements: This camp is especially suitable for volunteers who like gardening and want to explore the history of the castle. Please note that work will be physically demanding, so it's perfect for hardworking individuals. Smoking is limited to designated areas. Allergies notice: pollen, bees, and wasps.

Note: Visit the website of the castle: <https://www.hrad-grabstejn.cz/en>. See photos from the previous workcamp: <https://www.inexsda.cz/media/grabstejn-castle-2019/>

SDA 204 Jewish Holesov

14/07 – 26/07/2020

RENO/FEST

Vols 6 + 1 team leader

Age 18+

Project: The workcamp takes place in Holesov, a small Moravian town, known for its large pre-war Jewish community. The community was wiped-out during World War II and has only very few members today. There is an important synagogue and also a grave of one of the biggest Jewish scholars - rabbi Sach. The workcamp supports the work of the Cultural Centre of Holesov which maintains the local Jewish cemetery and other Jewish monuments in the town and organizes the festival of Jewish culture called Jewish Culture Festival which will take place during the workcamp. The aim of the workcamp is to maintain the Jewish cemetery, to help organize the festival and to get to know the local culture.

Work: You will work at the local Jewish cemetery and in the Sach synagogue (about 90% of working time) where you will help to maintain outdoor areas. The work can include cleaning of pavements, weeding, working with brush cutter, cutting and raking grass, maintaining graveyards, etc. Furthermore, you will prepare the Jewish Culture Festival which takes place in Holesov during the workcamp (10% of working time). Bring suitable working clothes with you. The work might be physically demanding, weekends are usually working days (because of the festival) but you will get days off during the week.

Study part: You can learn more about Jewish culture, visit local monuments and see concerts, performances and films during the festival. You will have a chance to meet local community during a barbecue in the garden of a local castle or at a traditional lunch with the representatives of the town. It is also possible to prepare some activities with and for the local community (such as visiting a summer camp for children).

Leisure time: Trips to sights of interest in the region (e.g. UNESCO site of Kromeriz, pilgrimage hill of Hostyn, open-air museum etc.), free entrance to cultural activities organized by the local cultural centre, free access to the local swimming pool.

Accommodation/Food: In a hostel in the centre of Holesov. There are beds but you have to bring your own sleeping bags. You will prepare your own meals together as a group.

Location: Holesov (12,000 inhabitants), a historical town located in the south-east of the Czech Republic

Meeting point: Holesov. The meeting time is usually in the afternoon. Please note it takes at 3-4 hours to get there from Prague. The exact info will be provided in the infosheet.

Requirements: Volunteers interested in the Jewish culture are especially welcome!

Note: See the photos from the previous workcamp: <https://www.inexsda.cz/media/jewish-holesov-2019/>

SDA 205 Friendly Hospitality House

19/07 – 02/08/2020

RENO

Vols 10 + 2 team leaders

Age 18+

Project: The workcamp is held for the 5th time in a little village of Skalka u Doks in Northern Bohemia in cooperation with a local NGO The Friendly Hospitality House. Its name refers to the ancient tradition of mutual help of pilgrims. They focus on revival of natural, cultural and spiritual heritage

and on personal and community development. They own and renovate a traditional rural house which will one day become a facility for pilgrims, neighbours and volunteers. The intention is to create a welcoming cultural and crafts centre. This workcamp aims to restore relations between the place and its inhabitants, both of today and the past, mutual understanding and respect. You have an opportunity to learn about each other's perspectives and to help renovate several culturally significant buildings.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: The work will be manual and sometimes demanding, it will take place at several locations. In Skalka u Doks, the tasks can include renovation and cleaning of the house, working in a permacultural garden, and renovation of the municipal fire station. In the nearby village of Borejov, you will clean interior of a church and prepare it for a special St. Jacob's pilgrim mass, clean the cemetery surrounding the church and renovate its wall. In Bela pod Bezdezem, you will clean the interior of St. Giles's church, its parish and the parish garden. Bring solid work shoes, clothes that can get dirty and a raincoat. All the tasks will depend on the current needs and weather.

Study part: Getting to know the history of the region from old photos, film screenings and lectures, an organ recital in the Bela church (July 28th), attending a special Roman Catholic Pilgrim Mass (July 25th) in Borejov, meeting the local permaculture community, learning about farming in harmony with nature – it will be possible to spend one day with the community and take part in their daily program (work activities, discovering their lifestyle). It is possible to organize an international evening with presentations about different countries.

Leisure time: Visiting beaches of the Macha Lake, evening activities on the beaches and in the town of Doksy, visiting the Houska and Bezdez castles, hiking in the countryside, mushroom and blueberry picking, a barbecue, a party at a fisherman's cottage on the banks of the Macha Lake with a steamboat cruise at sunset. There will be 2 free days (July 26th, August 1st) available for one-day trips.

Accommodation/Food: In the main building of the traditional house that is under reconstruction, so the conditions are basic. You will sleep on mattresses with bedsheets, but you need to bring your own sleeping bag. There are 2 showers, a washbasin, toilets and an equipped kitchen. You will prepare your own meals as a group; you are invited to prepare a traditional dish from your country when it's your turn in the kitchen. Bring simple recipes from home. For cooking, it's also possible to use the outdoor fireplace.

Location: A small village of Skalka u Doks (170 inhabitants) and its neighbourhood. The village is located in a Protected Landscape Area near the Macha Lake which is a popular tourist attraction. When we work at more distant places, transport by car will be arranged.

Meeting point: Duba. The meeting time is usually in the afternoon. Please note it takes at least 1 hour to get there from Prague-Holesovice station. The exact info will be provided in the infosheet.

Address: Skalka u Doks 1, 472 01 Skalka u Doks

Requirement: This workcamp is perfect for curious, open-minded and hard-working people or those who are motivated to be. Please get ready to share your experience and opinions.

Note: There is friendly, but big old dog living in the house (it is strictly forbidden to feed it!). See photos from the previous workcamp: goo.gl/1WNqxB

SDA 206 Restore a Historical Cultural Centre

27/07 – 03/08/2020

RENO

Vols 8 + 2 team leaders

Age 17+

NEW, 17y/o PA

Project: The workcamp is organized in cooperation with a NGO Farmstudio, which is an association that creates space for contemporary art and participates in saving and restoring cultural heritage. Farmstudio is located in a protected landscape area Kokorinsko, in a village Vysoka, and it resides in unique premises of a former farmhouse from the beginning of the 19th century. It provides facilities. In addition to organizing its own exhibition program and events, it offers its premises to other cultural entities for creative residencies, workshops, festivals, concerts, theatre and other activities (photography, painting, spatial creation, performance, site-specific, occupational therapy, alternative lifestyle, etc.). The complex is undergoing a gradual reconstruction of the building of cultural and historical significance without subsidies or other support from public sources, which is why there is always needed volunteer work and the aim of this workcamp.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: Work will be diverse and manual; you will be able to choose according to your interest and physical abilities. The tasks include preservation and preservation of historically valuable wooden beams, landscaping (digging, soil distribution) for outdoor art installations, restoration of windows and doors, demolishing walls and moving material, construction of stone beds, grinding, painting, cleaning of attic space etc. For those interested, there is a possibility of more professional classical construction work (masonry, plastering). Please bring clothes that can get dirty and/or damaged, a cap and sturdy shoes.

Study part: Farmstudio presentation, its history, development, vision; a photography workshop “basics of photography - composition and light”; a photography workshop “dark room” (classic black and white photography); a guided tour of site-specific art exhibitions; a lecture “protection of listed buildings”; possibility of a lecture “sustainable agriculture” and a guided walk in protected landscape area Kokorinsko.

Leisure time: Swimming in a nearby natural lake, having a campfire. If interested trips to the protected landscape area Kokorinsko; a tour of the historic center of Melnik, including an underground tour; a guided tour of the chateau and historical mill in Libechov; a visit to the First Republic swimming pool in Mseno combined with a tourist trip; overnight stay in the wild (own sleeping bag required).

Accommodation/Food: In Farmstudio- sleeping in 2 bedrooms with beds and sheets. There is a common room, three toilets, a shower and a kitchen. You will cook all your meals together as a group.

Location: Vysoka is located 8 km from Melnik, on the edge of the protected landscape area Kokorinsko. The village has a shop, two churches and a pastry shop with a gallery.

Meeting point: Vysoka. The meeting time is usually in the afternoon. Please note that it takes around 1 hour to get there from Prague. The exact information will be provided in the infosheet.

Address: Vysoka 26, 277 24 Vysoka (near Melnik)

Requirements: Workcamp is for those who are interested in cultural heritage, nature and manual work. The workcamp is not suitable for people with allergies to dust or cats (they are present on the property). 17 years old volunteers need parental authorisation.

Note: Food will be vegetarian, but meat can be prepared individually. Please bring a sleeping bag in

case of an overnight trip.

SDA 207 Teens at Hauenstejn Castle

09/08 – 22/08/2020

RENO

Vols 10 + 3 team leaders

Age 15-17

TEEN, PA, MFS, 100€

Project: The workcamp is organized in cooperation with organization Opri se at Hauenstejn Castle. The castle was founded in 13th century. After World War II, the whole castle slowly fell into ruins. The castle has been under reconstruction since 2000 thanks to the NGO who owns the castle, Opri se and other volunteers. Thanks to volunteers the castle can be open to public all year round. The aim of this workcamp is help with reconstruction of the castle and everyday tasks and maintenance. Volunteers will also get to know about history of the castle and its nearby surroundings. This is the 3rd teenage workcamp organized at the castle.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11) and Reduced Inequalities (UN SDG10).

Work: The main aim of the workcamp is to help to revive the castle and to enable youth from foster care institutions, who will be your fellow volunteers, to meet people from different parts of the world, to practice English and to break stereotypes. Your tasks will be mainly manual and carried out outdoor. You will be engaged in cutting and preparing wood for winter, cleaning the castle and its surroundings (e.g. the arboretum), basic landscaping and renovations (digging, preparing paths etc.), painting, everyday tasks at the castle (helping at the refreshment stall, tidying guest rooms, washing windows etc.) and other tasks related to the general maintenance and reconstruction of the castle.

Study part: Guided tour of the castle and learning about its complicated history; lectures on various environmental topics; meeting people from different countries and cultures; discovering local countryside.

Leisure time: Trip to Karlovy Vary and nearby castles (e.g. Loket, Becov nad Teplou), hiking trips in the surrounding of the castle, rock climbing etc. Playing sports and games in the area of the castle, playing board games, making a campfire and getting to know each other.

Accommodation/Food: Volunteers will be accommodated in the castle hostel, you will sleep on beds. You need to bring your own sleeping bag. There are toilets and showers (indoor and outdoor) available. Lunch and dinner will be prepared by the castle cook, breakfast and snacks will be prepared by the local partner. Volunteers will have an opportunity to prepare national dishes. Bring your favourite recipes!

Location: Hrad Hauenstejn, a 13th century castle. It is situated in settlement of Horni Hrad, not far from Straz nad Ohri in The Ore Mountains, Karlovy Vary region.

Address: Horni Hrad 1, Krasny Les, 363 01 Ostrov

Meeting point: Karlovy Vary. It takes approximately 2 hours to get there from Prague. In Karlovy Vary, there will be a minibus which takes volunteers to the castle. More info will be in the infosheet.

Requirements: This workcamp is suitable for participants who enjoy nature, outdoor activities, history and being off-line. Parental authorization and medical form are required. The forms will be provided after the acceptance to the workcamp. No alcohol or smoking at the workcamp is allowed.

Note: See photos from the previous workcamp: <https://www.inexsda.cz/media/teens-at-hauenstejn-castle-2019/>. The group will consist of 10 international volunteers, 3 Czech camp leaders and about 10 Czech volunteers from Opri se organization, aged 13 – 18 years old (youth from foster care

institutions) and their team leaders. Czech and international volunteers will spend time together during work and free-time activities. Allergies notice: volunteers will work a lot outside (allergies to hay, pollen etc.), there are cats and peacocks in the castle.

Participation fee: There is a participation fee of 100 EUR. The fee covers the main leader's salary, free-time and educational activities, and travels within the project. We require the volunteers to send it to us directly by a bank transfer before the workcamp starts. Bank details and deadline for payment will be provided in the acceptance email.

SDA 208 Volunteers for Porta Coeli Monastery

12/08 – 24/08/2020

RENO/ENVI

Vols 15 + 2 team leaders

Age 18+

Project: The workcamp takes place in a former school in the Cistercian monastery Porta Coeli in Predklasteri near Tisnov (30 km from Brno). During the communist era, it was used by a collective farm and as a book storehouse. With the help of volunteers, some of its old classrooms were rebuilt in the late 90's and then used as a base for volunteer events. The aim of the workcamp is to help restore the monastery as well as the surrounding gardens and orchards and make it open to public. You will work in the area of the monastery and prepare some of its parts for reconstruction works. This international workcamp is organized for the second time and the hosting organization has experience with organizing volunteer days.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: You will mainly do some smaller works in the area of the monastery and prepare some of its parts for reconstruction works. The task will include for example removing old plaster, cleaning bricks or pulling out old floors. You will also work in an old orchard: removing invasive plants, piling up hay, cleaning the millstream, doing some landscaping or gardening etc. You will also prepare an event called Feast of Cultures where you will introduce your countries, cultures and traditional cuisine. Some days you will also help on a local horse farm and also work for the municipality. The work will be varied and adjusted to physical abilities of the volunteers.

Study part: You will have an opportunity to visit the monastery on a tour that goes across the most valuable Romanesque parts. You have an opportunity to see the parts of the monastery that are not open to public. You will learn about the history of the monastery connected to the history of Moravia and the Czech Republic.

Leisure time: Sightseeing in the region (the Pernštejn Castle and religious sights in the valley of the Svatka River between the towns of Tisnov and Pernštejn). Hiking in the countryside or a guided tour in Brno city centre can be arranged. You can also visit local caves, a horse riding hall or 3D archery range. Fun games and activities will be prepared for you by the organizers.

Accommodation/Food: In the former monastery school. You will sleep in three rooms with bunk beds. Every room has its own bathroom with a shower and a toilet. There is electricity and hot water available in the building. Please bring your own sleeping bag. You will prepare your meals together as a group in an equipped kitchen. A team of two volunteers will prepare each meal so that you can present your home cuisine. Please bring your favourite recipes. If you have a special diet, please let us know in advance. There is a washing machine and wi-fi in the building.

Location: Predklasteri. A small village (1,400 inhabitants) about 30 km from Brno. It is situated in a picturesque landscape and it is considered to be the gateway of the Bohemian-Moravian Highlands.

Address: Porta coeli 1001, 666 02 Predklasteri

Meeting point: Predklasteri. The meeting time is usually in the afternoon. Please note it takes about 3,5 hours to get there from Prague and about 40 minutes from Brno. The exact info will be provided in the infosheet.

Requirements: The workcamp takes place in the area of the monastery with a community of three nuns still living there, so it is necessary to behave respectfully. The place where the nuns live is not in the same building as the accommodation for volunteers, but it is necessary to respect the quiet hours at night and not to consume hard alcohol. You will have an opportunity to enjoy the night life during your trip to Brno.

Notes: Protective equipment (gloves, glasses, respirators) will be provided by the hosting organization. Please bring working clothes, headwear, sunscreen and sturdy shoes. See photos from the previous workcamp: <https://www.inexsda.cz/media/volunteers-for-porta-coeli-monastery-2019/>

SDA 209 Renovate a Historical Brewery II

04/09 – 17/09/2020

RENO

Vols 6 + 1 team leader

Age 18+

Project: This workcamp is held in cooperation with a non-profit organization Association of Semik from Cechtin in a small village. The association is focused on supporting culture, social and craft events in the region, aiming at connecting people. It also renovates a cultural monument - a site of an old brewery in Cechtin that is currently in a bad state. The association organizes historical fashion shows and craft workshops, and manages a museum of wedding dresses. The aim of this workcamp is to contribute to the renovation of the brewery, reviving the site and making it accessible for public. This year volunteers will help to remove concrete from the granary floor and return it to its original state.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: Under the supervision of the hosting organization, you will be removing concrete floor in an old granary in order to recover the original wooden floor. You will also help to clean different areas in the site and prepare them for reconstruction. The activities might include masonry, painting, building fences, renovating floors, or taking down walls. The work will be specified based on the current needs but also abilities and interests of the volunteers. The work might be physically demanding. Apart from this, you will have a chance to help in the museum.

Study part: A guided tour of the historical brewery, meeting locals and members of the association, a lecture on the history of wedding dresses, possibility of organizing a fashion show in historical costumes.

Leisure time: Swimming in a local swimming pool (200 metres from the accommodation), a trip to the historical town of Trebic (UNESCO), a trip to the Stranecka Zhor Castle, making campfire or an international evening. You can also play ping-pong, darts, or badminton etc.

Accommodation/Food: In the building of the historical brewery. You will sleep in beds in rooms for 2 people. Bring your own sleeping bags. There are toilets and a shower. Please note that accommodation is located in the building which is currently under reconstruction. It is not suitable for people with dust allergies. Home-made meals will be provided by the hosting organization (3 times a day). You will help with cooking. During the international evening, you will have a chance to present you national cuisine. Bring your favourite recipes.

Location: Cechtin (300 inhabitants). The village is situated in the Vysocina Region, 30 km from Jihlava

and 12 km from Trebic (UNESCO). In the village, there is a public swimming pool, a shop, a pub and a post office.

Address: Cechtin 2

Meeting point: Jihlava. The meeting time will be in the evening. The hosting organization will pick up the volunteers with car and take them to the workcamp site. Please note it takes at least 1,5 hours to get there from Prague. More information will be provided in the infosheet.

Requirements: The workcamp is not suitable for people with allergies to dust. You will live in the same building as a family with kids so it is necessary to behave respectfully.

Note: We welcome skilled and passionate volunteers, especially with interest in historical buildings.

3. Help the People

SDA 301 BumbleBEE Summer Camp

12/07 – 25/07/2020

KIDS/ENVI

Vols 4

Age 18+

NEW, CGC, med. form

Project: The workcamp is organized in cooperation with the local NGO Cmelak - Friends of Nature Society whose activities are focused on the support of a sustainable way of life, practical nature protection, and environmental education. They transform environmentally damaged and abandoned areas into locations that are attractive for both people and nature. In one area of the Jizera Mountains, they create a New Virgin Forest - a location where unnatural spruce tree monoculture is being replaced by seedlings of original trees. In another area, they maintain wetlands. The aim of this workcamp is to help at a summer camp for children that focuses on practical nature protection in several different locations that Cmelak takes care of (both forests and wetlands). Volunteers will learn about the local region and its flora and will spread the idea of volunteering among locals. Cmelak has organized 18 workcamps so far.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Life on Land (UN SDG15).

Work: You will take part in organizing a day camp for children. Children stay at the camp during the day but they sleep at home. You will actively participate in all the camp activities and you will help create the program and the activities during the week. You have the opportunity to discover different places of the Liberec region, working in the valuable areas the hosting organization takes care of. Be ready to work outdoors, in wet areas, under all types of weather (rain, wind). Waterproof clothes with long sleeves, long trousers, and a raincoat are necessary. These clothes will protect you against insects and plants.

Study part: There are some interactive field excursions planned for volunteers to get to know the locations where they are going to work, to understand why their work is needed and beneficial.

Leisure time: You can go hiking in the beautiful surrounding landscape, visit nearby castles and climb the Jested mountain - the highest peak in the region. The city of Liberec offers many possibilities to enjoy culture, visit the local zoo, botanical garden go-carts, etc. Trips outside Liberec will also be organized, volunteers can visit for example Sloup rock castle, Lemberk castle, go canoeing or hiking in the Jizera Mountains.

Accommodation/Food: You will stay at the organization's headquarters in Liberec. You will share a common sleeping room with all the volunteers. There are 2 kitchens, a bathroom, 3 toilets and a common room. Bring your own sleeping bag. You will prepare your meals together with children during the camp and you will bring them to the workplace. You will prepare dinner together as a group. Bring a lunchbox with you.

Location: Liberec and its surrounding areas; organization's locations- Jablonne, Novy Bor and Padouchov - areas of the Jizera Mountains in the north of Bohemia. The area is known for its surrounding mountains that are easily accessible.

Address: Svermova 32, 460 10 Liberec

Meeting point: Liberec. The meeting time is usually in the afternoon. Please note it takes 1,5 hours to get there from Prague. The exact information will be provided in the infosheet.

Requirements: During the workcamp, you will spend a lot of time with children. This is why we require a certificate of good conduct and a medical form. We are looking for volunteers who like working with children, nature, being outside and are eager to learn new things about nature

protection.

Note: You will spend a lot of time outdoors so you can get into contact with different kinds of plants, herbs, pollen, and insects. Please bring a sleeping bag, lunchbox, waterproof clothes, and shoes.

SDA 302 Fight Social Exclusion

13/07 – 22/07/2020

KIDS/FEST

Vols 10 + 2 team leaders

Age 18+

ML

Project: The workcamp is organized in co-operation with a local branch of People in Need (PiN), a Czech non-governmental, non-profit organization founded on the ideals of humanism, freedom, equality and solidarity. It is one of the biggest NGOs in Central Europe engaged in humanitarian aid and development projects. In Czech Republic, PiN targets education and helps people who live in social exclusion. Workcamps in Usti nad Labem have been organized for over 20 years. This year, the goal is mainly to prepare meaningful free-time activities for children and youth living in the socially excluded area of the town, present different cultures to them and give them a chance to get new experience.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Reduced Inequalities (UN SDG10).

Work: You will work in a several socially excluded neighbourhoods of Usti nad Labem. Local children have very limited opportunities during summer holidays. You will prepare and organize free-time activities for children and teenagers from the area coming to the afternoon club. The program for children will include trips and outdoor games and sports. You will also organize two fun days with games for children and help during a small dance and music festival in the neighbourhood. Apart from the activities mentioned, you are expected to participate in beautifying the public space. Your own ideas are welcome. Also, you will do some small reconstruction work at the PiN social centre and its premises (painting the walls, repairing the fence, etc.). You will also make a presentation about your country. Bring a flag or something traditional with you.

Study part: There will be a guided tour around different workplaces of PiN in Usti nad Labem organized for you at the beginning of the workcamp. You can also learn about the Roma culture, social exclusion in the Czech Republic, welfare system and the activities of the hosting NGO PiN. You can participate in a workshop focused on connecting football and social inclusion.

Leisure time: Trips to the surrounding countryside (nature parks, castles, close-by mountains and historical cities – e.g. Prague), weekend on a farm etc. It will be possible to go swimming or enjoy other activities, such as bowling, rafting or hiking. Bring good shoes for hiking.

Accommodation/Food: In the premises of PiN. You will share one room in the attic. Please bring a sleeping bag and a mat. For participants with children, a separate room can be arranged. There is a bathroom (1 shower, 4 toilets) and a kitchen. Please note that you will share the premises with the employees of PiN and clients. Hosting organization will provide a budget for you to buy food and cook meals together as a group.

Location: Usti nad Labem (city of 100,000 people), Northern Bohemia – in particularly three locations of Predlice, Krasne Brezno and Mojzir (areas of the city that have a high percentage of socially disadvantaged people).

Meeting point: Usti nad Labem. The meeting time is usually in the afternoon. Please note it takes at least 1 hour to get there from Prague. The exact info will be provided in the infosheet.

Address: Dům služeb ČvT, Hrbovická 335/60, Ústí nad Labem

Requirements: Please send a short motivation letter sent with the application form. Describe your experience with or interest in working with children. Give us one example of an activity you can organize for children or teenagers. We are looking for volunteers that love working with kids. You should be independent, creative, and preferably also have artistic skills and new ideas which can be implemented in different kinds of workshops.

Note: See photos from the previous workcamp: <https://www.inexsda.cz/media/fight-social-exclusion-2019/>. Bring some ideas or equipment for games and activities for children with you. Please note that most of the children speak only Czech so be ready for the language barrier and think of other means of communication.

SDA 303 English Summer Camps for Kids

19/07 – 01/08/2020

KIDS/FEST

Vols 5 + 1 team leader

Age 18+

ML, CGC, med. form

Project: The workcamp is organized by the NGO Parents and Children of Kadan (RADKA) which provides a variety of services for families with children (maternal, swimming, volunteer, social and educational centres, more info at: www.radka.kadan.cz). During summer holidays RADKA organizes suburban and outdoor camps for children of different ages. There will be 2 such camps during the workcamp – the urban one in the 1st week in Kadan, and the outdoor one in the 2nd week near a small village of Marsovice. RADKA wants to bring international dimension to the camps and enable children to practice English. That's why international volunteers are invited for 7th time. The aim of the workcamp is to help with the preparation and running of an interesting intercultural program in both camps.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Reduced Inequalities (UN SDG10).

Work: During the 1st week, you will work at the suburban camp in the premises of RADKA. Children stay at the camp from 8am to 4pm but they sleep at home. You will mainly work with children (preparing games, arts, dancing activities and interactive English lessons). During the outdoor camp (2nd week) you will help with the all-day program managed by RADKA's organizers. The program will include trips, swimming, sports competitions, campfire, night games, etc. You will get involved in the sports games and other activities (including daily routine tasks such as cleaning, etc.). In both camps, you will be asked to present your countries and to prepare playful English lessons for kids. Please bring your favourite games, music and other ideas and most of all - lots of energy.

Study part: You will learn to prepare a program for children and see an example of how children camps are organized in the Czech Republic. You will meet the local community from Kadan, especially during the final international party for children and their parents. You will have an opportunity to present your home towns/countries in an interactive way. On regular basis, you will meet ESC and FSJ international volunteers hosted by RADKA.

Leisure time: During your stay in Kadan, you will have many possibilities to spend your free time: visiting the town of Kadan and its monuments, visiting cultural events, trips to the countryside, swimming, doing sports. During the outdoor camp, you will have 1 day off when you can organize an excursion to Karlovy Vary or Loket Castle. Apart from that you will be able to spend your free time at the campsite and in the surrounding (relaxing, swimming, walks, visit of nearby sights).

Accommodation/Food: 1st week: in RADKA's local youth club: 2 rooms with sleeper sofas, a kitchen and a bathroom. There is also wi-fi. You will cook together as a group. Lunch can also be provided in a local restaurant. 2nd week: in a campsite with tents, no electricity, no internet, limited access to hot water, dry toilets. Prepare yourself for a real outdoor adventure! Bring a sleeping bag, a mat and

some warm clothes! You will be provided full board by the camp cooks (vegetarian meals are possible).

Location: First, the historical town of Kadan (20,000 inhabitants), in Northwest Bohemia, not far from the Ore Mountains; then the campsite near the village of Marsovice (about 120 km from Kadan). There is a beautiful countryside around Kadan and Marsovice.

Meeting point: Kadan. The meeting time is usually in the afternoon. Please note it takes 2-3 hours to get there from Prague. The exact info will be provided in the infosheet.

Requirements: During the workcamp, you will spend a lot of time with children aged 9-16. This is why we require a short motivation letter, a certificate of good conduct and a medical form. We look for communicative and creative volunteers. Please note that children have different levels of English, so you will have to use non-verbal communication too. The workcamp is suitable for non-smokers. Smoking is not allowed on the premises. No alcohol allowed near children. Please note you will also work during weekends but you will get some days off during the week instead.

Note: See photos from the previous workcamp: <https://www.inexsda.cz/media/english-summer-camp-for-kids-2019/>

SDA 304 Help the Elderly in Prague 15

01/08 – 09/08/2020

SOCI

Vols 6 + 2 team leaders

Age 18+

ML, CGC, med. form

Project: This workcamp takes place in Prague 15 (at the outskirts of the city) in cooperation with the Centre for Social Care and Nursing which offers social services to the people who need care and help of the others due to their age or illness. The aim of this workcamp is to support intercultural and intergenerational exchange of experience, to get to know each other, discover something new and foster mutual understanding and respect. This year the workcamp will be organized for the 11th time. In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Good Health and Wellbeing (UN SDG3).

Work: You will work with the elderly and get a fixed part in their daily program. You will organize art workshops, leisure time activities (board games) and a garden party for them and assist with occupational therapy and outdoor-activities (going for walks, etc.). You will also assist the nurses in taking care of the clients and potentially do some manual work (e.g. gardening, cleaning, helping in the kitchen etc.). It is very much welcome if you come with your own ideas and initiative on what can be done. Please bring your favourite music, pictures or simple games with you to share with the elderly.

Study part: Learn more about social care in the Czech Republic and meet with seniors. You can practise Czech if you speak some. There will be workshops on ethical approach to social services and on communication in the environment with language barriers.

Leisure time: Prague 15 has a lot of green areas and good facilities for sport. There is a swimming pool in the neighbourhood. Besides you can visit Prague city centre, see exhibitions, visit nearby castles or go hiking in the countryside.

Accommodation/Food: In a nearby hotel, in rooms with beds and linen. Each room also has its own bathroom. You can see the photos of the accommodation here:

<https://www.nasancich.cz/ubytovani/hotel>. Lunch will be provided at the canteen of the social centre and will not be always suitable for vegetarians. Breakfast will be provided at the accommodation; dinner will be given to you in a package by the social centre and will usually be cold.

Location: Prague 15, a residential quarter at the outskirts of Prague.

Address: Parnská 390, 109 00 Praha

Meeting point: Prague. The meeting time is usually in the afternoon. Please note that it takes around 30 min to get there from Prague city centre. The exact information will be provided in the infosheet.

Requirements: We prefer highly motivated, outgoing and creative volunteers. A relevant motivation letter needs to be sent with the application form. Before arriving at the project, you will be required to submit a Certificate of Good Conduct and a medical note stating you have no infectious diseases. If you speak some Czech, it will be very helpful in communication with the elderly.

Note: Please bring something traditional from your country which you can share with the clients. Volunteers can get a certificate confirming your voluntary service in the Centre for Social Care and Nursing. You can see the photos from the previous workcamp here: <https://www.inexsda.cz/media/help-the-elderly-in-prague-15-2019/>

SDA 305 Centre for All

13/08 – 25/08/2020

KIDS/DISA

Vols 6 + 2 team leaders

Age 18+

ML, med. form

Project: This workcamp takes place in the town of Nymburk and in a small village of Jizbice (Central Bohemia region) in cooperation with the local NGO Centre for All. Centre for All celebrates this year 15 years of organizing free time activities and summer camps for children and youth with and without disabilities. The activities take place in a reconstructed barn with a pretty garden in Jizbice and in the centre of the organization in Nymburk. The aim of the workcamp is to help Centre for All to prepare and run a children summer camp for children (6-12y/o) with or without disability.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Reduced Inequalities (UN SDG10).

Work: You will do both manual tasks and work with children. 1st week: getting the campsite and the barn ready for the arrival of the children (moving furniture, cleaning, decorating and preparing material, games and activities). 2nd week: you will work with children with or without mental and/or physical disabilities who spend their vacation at the camp in Jizbice (personal assistance to children, organization of activities, going on walks, helping in the kitchen, washing dishes cleaning etc.). During the children camp, you will work longer hours but you can enjoy more free time before or after the camp. Throughout the workcamp, you will cooperate with Czech assistants – every child will be taken care of by 1 Czech and 1 international volunteer. Bring games and ideas for activities. This year's theme is Games without Borders.

Study part: During the first week, you will get a lecture on autism and a workshop on methods how to work with disabled children and youth. Some materials will be already provided to all participants before the workcamp. Please be ready to read them in advance! There will be some teambuilding activities together with the Czech assistants. You will have the chance to learn some basic Czech phrases – it will be helpful during the children's camp. You will also learn about the famous Czech author Bohumil Hrabal who was born in Nymburk – you can visit his birth house or see films based on his novels.

Leisure time: Tour around the spa town of Podedbrady, trip to Prague, excursion to a local brewery and to the surrounding countryside can be planned. We will also organize an intercultural day/evening in Nymburk together with Czech volunteers.

Accommodation/Food: In Jizbice: in big tents in the garden. Please bring a sleeping bag and a torch. There is a bathroom with toilets and showers at the campsite. You will have meals together with the children and organizers. In Nymburk: in an international scouts' centre – in rooms on mattresses in own sleeping bags. There are 2 bathrooms, a kitchen, a dining room and a big garden. During the 1st week you will prepare your own meals as a group, during the 2nd week all meals will be provided by the local partner.

Location: Nymburk and the village of Jizbice (8 kilometres from the town of Nymburk). The campsite in Jizbice is located in a garden with a big barn. There is a playground, forests and an outdoor swimming pool.

Address: Kolinska 282, 288 02 Nymburk

Meeting point: Nymburk. The meeting time is usually in the afternoon. Please note it takes at least 1 hour to get there from Prague. The exact info will be provided in the infosheet.

Requirements: A short motivation letter sent with the application form is strictly required. We are especially looking for outgoing and creative volunteers with good communication skills who enjoy working with children. We will also ask you to cooperate before the workcamp and read the materials that will be sent to you. All the volunteers have to bring a doctor-approved certificate stating that they are fit to work with children. The form will be sent to you after acceptance. Smoking and drinking alcohol is forbidden while working with children.

Note: You can see photos from the previous workcamp here: <https://www.inexsda.cz/media/centre-for-all-2019/>

SDA 306 Centre for All II

20/08 – 01/09/2020

KIDS/DISA

Vols 8 + 2 team leaders

Age 18+

ML, med. form

Project: This workcamp takes place in the town of Nymburk and in a small village of Jizbice (Central Bohemia region) in cooperation with the local NGO Centre for All. Centre for All celebrates this year 15 years of organizing free time activities and summer camps for children and youth with and without disabilities. The activities take place in a reconstructed barn with a pretty garden in Jizbice and in the centre of the organization in Nymburk. The aim of the workcamp is to help Centre for All to prepare and run a summer camp for youth and adults (15-28y/o) with disabilities.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Reduced Inequalities (UN SDG10).

Work: You will do both manual tasks and work with youth and adults with disabilities. 1st week: getting the campsite and the barn ready for the arrival of the campers (moving furniture, cleaning, decorating and preparing material, games and activities). 2nd week: you will work with youth and adults (15-28y/o) with mental and/or physical disabilities who spend their vacation at the camp in Jizbice (personal assistance to campers, organization of activities, going on walks, helping in the kitchen, washing dishes cleaning etc.). The campers have been attending the camps with Centre for All for 10-15 years. During the camp, you will work longer hours but you can enjoy more free time before or after the camp. Throughout the workcamp, you will cooperate with Czech assistants – every camper will be taken care of by 1 Czech and 1 international volunteer. Bring games and ideas for activities as well as some musical instruments, as there will be a concert organized during the camp.

Study part: During the first week, you will get a lecture on autism and a workshop on methods how to work with disabled youth. Some materials will be already provided to all participants before the workcamp. Please be ready to read them in advance! There will be some teambuilding activities

together with the Czech assistants. You will have the chance to learn some basic Czech phrases – it will be helpful during the camp. You will also learn about the famous Czech author Bohumil Hrabal who was born in Nymburk – you can visit his birth house or see films based on his novels.

Leisure time: Tour around the spa town of Podebrady, trip to Prague, excursion to a local brewery and to the surrounding countryside can be planned. We will also organize an intercultural day/evening in Nymburk together with Czech volunteers.

Accommodation/Food: In Jizbice: in big tents in the garden. Please bring a sleeping bag and a torch. There is a bathroom with toilets and showers at the campsite. You will have meals together with the children and organizers. In Nymburk: in an international scouts' centre – in rooms on mattresses in own sleeping bags. There are 2 bathrooms, a kitchen, a dining room and a big garden. During the 1st week you will prepare your own meals as a group, during the 2nd week all meals will be provided by the local partner.

Location: Nymburk and the village of Jizbice (8 kilometres from the town of Nymburk). The campsite in Jizbice is located in a garden with a big barn. There is a playground, forests and an outdoor swimming pool.

Address: Kolinska 282, 288 02 Nymburk

Meeting point: Nymburk. The meeting time is usually in the afternoon. Please note it takes at least 1 hour to get there from Prague. The exact info will be provided in the infosheet.

Requirements: A short motivation letter sent with the application form is strictly required. We are especially looking for outgoing and creative volunteers with good communication skills who enjoy working with youth and adults with disabilities. Please bear in mind that there will be 8 wheelchairs users at the camp, so strong hands are needed! We will also ask you to cooperate before the workcamp and read the materials that will be sent to you. All the volunteers have to bring a doctor-approved certificate stating that they are fit to work with youth. The form will be sent to you after acceptance. Smoking and drinking alcohol is forbidden while working with youth and adults with disabilities.

Note: Please bring some musical instruments with you. You can see photos from the previous workcamp here: [ghttps://www.inexsda.cz/media/centre-for-all-2019/](https://www.inexsda.cz/media/centre-for-all-2019/)

SDA 307 Organic Farming at Camphill Community

06/09 – 19/09/2020

AGRI/RENO

Vols 10 + 2 team leaders

Age 18+

Project: The workcamp is organized in cooperation with the Free Farm, an NGO which is part of the Camphill Community movement. This family-like community provides space both for people with special needs and for those without disability to work and live together. The community members can develop their skills in agriculture, bee wax candle making and cooking. The farm grows organic vegetables and herbs. It promotes the importance of biodynamic agriculture and the role of farmers in today's world. The host organization considers the farm and the countryside to be one living organism which needs to be taken care of responsibly with human touch and heart. The Free Farm sells vegetables that it produces, but making profit is not its main goal. It strives to develop cooperation with other farmers and to create direct relationship with individual consumers using the concept of community-based agriculture.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Responsible Production and Consumption (UN SDG12).

Work: Manual work is highly appreciated at the Free Farm. Its agricultural project couldn't be

maintained without volunteers. Most common tasks on an organic farm are: weeding, planting, hoeing, harvesting, cleaning, storing, watering, collecting herbs, etc. The work is usually physically demanding, but it is manageable if we all work together. You can also enjoy fresh air, while working outside. In the autumn, you will help mainly with the harvest, cleaning and storing vegetables, or gardening (e.g. planting trees or bushes). You can also help with preparing herb mixtures. The house and its surroundings are being renovated on regular basis, so some minor construction and renovation works can also be done depending on current needs. Bring good working clothes, solid shoes, and a raincoat. The fields are located within walking distance (app. 500m) from the accommodation.

Study part: Learning about the Camphill movement, Rudolf Steiner's anthroposophy, living in a community, and biodynamic agriculture. Learning about Czech Republic, each other's cultures and other related topics. It will also be possible to organize workshops on e.g. bee wax candle making, eurythmy and intuitive pedagogy. If you are interested in organizing an international evening for everyone to present their national cuisine and culture, there will be space for it. It's up to your initiative. Bring your favourite recipes and some specific ingredients if needed.

Leisure time: Barbecue with the members of the community, playing football, visiting the local pub, swimming in the river, visiting the nearby Terezin Memorial at the location of the former concentration camp for Jews – the Terezin Ghetto, going for trips to the nature protected area of Ceske Stredohori (historical cities of Litomerice, Usti nad Labem, castles, beautiful countryside) etc.

Accommodation/Food: In 1 attic room on mattresses. Bring a sleeping bag! A common room, 2 showers with hot water and 2 toilets are available. Local partner will provide food and vegetables from the farm for cooking (vegetarian diet is possible). You will prepare breakfasts and dinners on your own as a group, lunches will be prepared by all the members of the community with help of volunteers.

Location: Ceske Kopisty – a small village near the historical town of Litomerice. The farm uses 11 hectares of fields; there is a garden and a yard with a couple of animals (a cow, a horse, chicken, ducks, pigs). The area is quite vast – there are 3 residential houses, a candle workshop and a common hall. There are 8 adults, 4 children and 7 people with special needs living there. You might meet around 10 other external co-workers.

Address: České Kopisty 5, 412 01 Terezín

Meeting point: Bus station Terezin u Pamatniku (1,6 km walk to Ceske Kopisty). The meeting time is usually in the afternoon. Please note it takes 1 hour to get there from Prague - Nadrazi Holesovice station. The exact info will be provided in the infosheet.

Requirements: The workcamp is suitable for people who are interested in farming and learning about the community. Please bring enthusiasm and good mood. As you will stay in the place for people with mental disabilities, there are certain rules you are asked to respect: smoking and consumption of alcohol within the community area are restricted, and it is necessary to respect the privacy and night rest of the inhabitants. Be aware that some members of the community don't speak English.

Note: You can learn more about the Free Farm on: www.svobodny-statek.cz. See photos from the previous workcamp: <https://www.inexsda.cz/media/organic-farming-at-camphill-community-ii-2019/>

4. Help the Nature

SDA 401 Family Workcamp at Eco Centre Horni Marsov

13/07 – 22/07/2020

FAMILY/ENVI

Vols 20 + 2 team leaders

Age 18+

NEW, Kids 6-14, 120/70€

Project: The workcamp takes place in a small town of Horni Marsov situated in the Krkonose (Giant) Mountains in cooperation with the local NGO Centre for Environmental Education and Ethics – SEVER. SEVER focusses on environmental education and the promotion of responsible behavior towards nature and among people themselves. It cooperates with schools and it organizes environmental programs for students and teachers. It also organizes educational and cultural events for the public. The organization is based in the house DOTEK- the House of Tradition, Ecology and Culture Restoration in Horni Marsov. The aim of the workcamp is to renovate the playground of the residential centre which is used as accommodation for students and volunteers. You will also have a chance to discover a sustainable way of living and the beauty of Czech mountains.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Life on Land (UN SDG15).

Work: You will mainly help with the renovation of the centre's playground. This will involve tasks such as playground landscaping, painting (fences, playground elements, outdoor seating), gardening work (landscaping, weeding, mulching, creating garden beds and maintenance of walking paths), adjusting the terrain, etc. Kids will join the work with some less demanding tasks as gardening work (transferring plants to garden beds, mulching, weeding, watering), sanding boards with sandpaper for outdoor benches, making signs and drinking fountains for birds from clay, collecting herbs etc. All the necessary work tools, including gloves, will be provided. Please bring sturdy shoes and old clothes that can get dirty with paint, mud and clay. All the work will take place at the same premises as the accommodation. Volunteers will work for 5,5 hours per day including 15mins break during morning work and 1h break for lunch.

Study part: Presentation of the organization SEVER (what they do to be sustainable), possibility to try environmental education programs for students and tourists, cooking evenings (local and international meals), trip to the Krkonose National Park etc.

Leisure time: Hiking in the beautiful Krkonose National Park and visiting other interesting sights (a town of Trutnov, the Arspach-Teplice rocks, etc.), using outdoor fireplace, possible to borrow materials for creative workshops, organizing film screenings etc.

Accommodation/Food: in the centre's house DOTEK. There will be a separate room for each family with beds and own bathroom (just in one case two of the families will share one bathroom, the rest will have their own). There is wi-fi, a common room and unique playing items for kids. You can see photos of the house here: www.dotek.eu. Breakfast, lunch and snacks will be provided by DOTEK eco-centre staff. You will prepare dinners as a group in the kitchen of the centre. Please bring your own national recipes to share with others.

Location: Horni Marsov, North-eastern part of Bohemia, near the border with Poland. The town of Horni Marsov has around 1,000 inhabitants and it is located near the Krkonose National Park. Krkonose are the highest mountains in the Czech Republic and very attractive for hiking. The area has a bit colder climate even in summer and a beautiful countryside.

Meeting point: Horni Marsov. The meeting time is usually in the afternoon. Please note it takes at least 3 hours to get there from Prague. The exact information will be provided in the infosheet.

Address: Horská 175, 542 26 Horni Marsov, Czech Republic

Participation fee: 120 EUR/adult, 70 EUR/child. Centre for Environmental Education and Ethics - SEVER is an educational institution and it is difficult to accept donations. In order to assure comfort for the families and due to occupying accommodation capacities during high season we kindly ask you to contribute to cover the costs of accommodation and food. We require the participants to send the fee directly to INEX-SDA by a bank transfer before the workcamp starts. Bank details and deadline for payment will be provided in the acceptance email.

Note: We are looking for volunteers who like nature and are eager to learn how to be more sustainable. The local partner would like to show volunteers how to be more sustainable in everyday life (sorting out waste, cooking with local and organic products – no palm oil or fried food). Please note that there are cats in the area. We recommend you to bring old clothes for the work which can get dirty or damaged including working shoes. You can see photos from previous workcamp here: <https://www.inexsda.cz/media/eco-centre-horni-marsov-2019/>

SDA 402 Create an Eco-Village in Czech Mountains

17/07 – 31/07/2020

ENVI/RENO

Vols 12 + 2 team leaders

Age 18+

Project: The workcamp is organized by the NGO Hnutí Brontosaurus Jeseníky which is active in a remote and unprivileged region of Jeseníky and Rychleby Mountains. Brontosaurus is focused on the environment and sustainability; they maintain abandoned sights with respect to traditional methods and materials. One of the main projects is the abandoned village of Zastavka (Stillstand) in Rychleby Mountains where they cultivate old species of fruit trees and they experiment with the natural architecture. The aim of the workcamp is to help with the renovation of the village and the creation of an eco-village with respect to traditional methods and natural lifestyle.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11) and Life on Land (UN SDG15).

Work: The work will be divided into 2 parts. Firstly, July 17th - 19th there will be a festival Folk Grass Cutting, which tries to bring back folk traditions to the local community and also the importance of protecting nature. During the festival, you will join the community in cutting grass in the meadows with scythe as it is a tradition. The second part will take place in the village. The tasks will include cutting grass and drying it, building a dam - a small pond, garden work and various maintenance tasks. Please bring some folk clothes- a white plain shirt, trousers/long skirt and a hat for the event.

Study part: Excursion around the vanished village of Zastavka (history and current development); presentation of the organization Brontosaurus; a visit and discussion with locals that live a different lifestyle; workshops (different crafts skills) and lectures upon interest.

Leisure time: Discovering the beautiful mountainous countryside; visiting a local spa; protected area of Rejviz; towns of Mikulovice, Zlate Hory and Jeseník, etc.

Accommodation/Food: During the festival, volunteers will stay in a lodge with other festival participants, sleeping on mattresses. During the rest of the workcamp volunteers will stay in a natural house Hobitin made of clay and straw. Sleeping on mattresses, but you can bring your own sleeping mat. Bring a warm sleeping bag! Access to electricity is limited; water is delivered in barrels. Toilets are dry (outhouse). There is no indoor shower (there's a stream or improvised natural shower – water is heated by the sun). You will cook your own meals in improvised field kitchen, taking turns.

Location: Abandoned village of Zastavka (Stillstand), part of Uhelna in Rychleby Mountains, around 29 km from the town of Jeseník. The village is situated at the hilltop and is quite isolated (the last settlers left 70 years ago after WWII). The nearest village Uhelna is reachable on foot at the distance of 2 km. The surrounding countryside is mountainous and has a charming nature.

Meeting point: Uhelna (Jesenik Region). The meeting time is usually in the afternoon. Please note it takes 5-7 hours to get there from Prague. The exact information will be provided in the infosheet.

Address: Lat.: 50.351553, Long.: 17.011342; city: Uhelna

Requirements: We are especially looking for volunteers who are interested in nature, who are not afraid of manual work and of basic living conditions. It is not allowed to smoke and drink alcohol at the campsite.

Note: You will spend a lot of time outdoors so you can get into contact with different kinds of plants, herbs, pollen and insects.

SDA 403 Family Workcamp on Educational Farm

18/07 – 26/07/2020

FAMILY/ENVI

Vols 20 + 2 team leaders

Age 18+

Kids 5-12, 90/60 €

Project: The workcamp is organized in cooperation with Environmental Centre Podbransky mlyn (PROUD). On their educational farm, PROUD provides environmental education courses for school groups. These courses focus on environmental education, in direct contact with nature and animals, local learning and experiential education. The educational farm is not only for children of all ages but also for adults from the town and the region. The goal of the programs is to show the beauty and the variety of nature to students and teachers. The aim of this workcamp is to improve surroundings of the educational farm, to carry out everyday tasks on the farm and enable contact with animals to families. This is the third time that a family workcamp is organized here.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Communities (UN SDG11) and Life on Land (UN SDG15).

Work: Volunteers will be involved in everyday activities of the farm – preparing the food for animals and feeding them in the morning and in the evening, cleaning animal shelters. You will also do some gardening work: watering, weeding, harvesting fruits and vegetables, maintaining garden beds, cutting grass and raking, and cleaning outdoor areas. All these activities are suitable also for children and we expect them to participate together with parents. Occasionally, you will do small repairs on a farm and the environmental centre, cut wood, remove invasive plants, prune bushes, or prepare educational components. Most of these activities are outdoors regardless of the weather. We recommend you to bring old clothes for the work that can get dirty, working shoes (waterproof if possible) and a raincoat with you. Working gloves will be provided. The educational farm is located 500m from the accommodation and volunteers will get there by foot. Volunteers will work for 4-5 hours per day.

Study part: PROUD is equipped with a lot of tools for free-time and scientific activities. Children and adults can also try some of their educational activities – catching terrestrial or water invertebrates, working with microscopes etc. Volunteers will experience how the education farm works. There will be an introductory evening with presentation about Environmental Centre PROUD's activities as well as an international evening where volunteers will present their countries and prepare some traditional dishes for the local community.

Leisure time: A trip to the ruin of Rabi Castle (by train and walking) with a guided tour will be organized for you. There will also be a creative workshop on painting T-shirts. If the water levels allow, you can go on a short rafting trip on the Otava River. There is also a possibility of a half-day hike to nearby ruin of Prachen Castle or a treasure hunt around the town of Horazdovice. Volunteers can borrow board games and equipment for sports games (badminton, petanque), you can also borrow bikes or scooters. In Horazdovice, there is an aquapark, several playgrounds and cafés and

restaurants. You can go swimming in the Otava River which is by the accommodation.

Accommodation/Food: Volunteers will be accommodated in 3 rooms for 6 people and in 1 room for 11 people in a reconstructed former mill. Large families will have their own rooms, smaller families will share rooms together. Sanitary facilities are shared (toilets, showers, hot water), there are 2 common rooms, a dining room, outdoor green area with a fireplace. Bed linen is available. All participants are expected to participate in keeping the place clean. More info here: <https://www.envicentrum.eu/en/about-us/proud-en>. Volunteers will divide in cooking teams and make a common menu for the week. The hosting organization will then assist with shopping. A fully equipped kitchen for big groups is available. We appreciate your own recipes and interesting ingredients.

Location: Horazdovice, Pilsen Region. The town (5,000 inhabitants) is situated on the left bank of Otava River. The accommodation and educational farm are situated near the historical centre of the town. Along the river, there is a big English garden called Ostrov which is a great place for relaxing. Sumava National Park is about 30 km from the town.

Address: Envicentrum PROUD, Nabrezni 283, 34101 Horazdovice.

Meeting point: Horazdovice. The town is accessible by train or by bus (direct buses from Prague). More info will be provided in the infosheet.

Note: This workcamp is available for families or individuals with 5 – 12 years old children. We expect participants to share the enthusiasm for nature, animals and getting to know new places and people. The workcamp will be focused on everyday work with animals. Please note that there is a risk of allergies to animal hair, dust, hay etc. We recommend you to bring old clothes for the work which can get dirty or damaged, working shoes, wellingtons, raincoat and also slippers with you. You can see the photos from the last year's workcamp here: <https://www.inexsda.cz/media/family-workcamp-on-educational-farm-2019/>

Participation fee: 90 EUR/adult, 60 EUR/child. Environmental Centre PROUD is an educational institution and it is difficult to accept donations. Therefore, we ask you to contribute to cover the costs of accommodation and food. We require the participants to send the fee directly to INEX-SDA by a bank transfer before the workcamp starts. Bank details and deadline for payment will be provided in the acceptance email.

SDA 404 Back to Nature for Families

22/08 – 29/08/2020

FAMILY/ENVI

Vols 25 + 2 team leaders

Age 18+

Kids 5-12, 35/20€

Project: The workcamp is organized in co-operation with the Czech national section of EUROSOLAR and Nature Conservation Agency. EUROSOLAR promotes renewable energies, sustainable lifestyle; it engages in youth environmental education and organizes environmental summer camps for children and families. EUROSOLAR started organizing workcamps 21 years ago! The workcamp takes place in an abandoned but exceptionally beautiful, hilly area of Bohemian Forest, near the western border of the Czech Republic. The campsite is totally isolated from civilization (the nearest Czech village is 11 km away) and we welcome volunteers that are fond of trying out a basic lifestyle in the forest and do not mind longer walks. The goal is to help maintain meadows in a nature protected area, maintain the campsite and to enable volunteers with children to meet and to enjoy nature.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Life on Land (UN SDG15).

Work: You will work in a nature reserve about 3 km from the campsite and in the campsite. Some of

you will cut grass on meadows and in the campsite. Please note that the meadows can be very wet; bring waterproof working shoes (or rubber boots), rain-gear and gloves. Others will work in the campsite - cooking, collecting wood, and doing maintenance tasks, working in the nearby forest and other manual work. Children and parents will work together when possible (e.g. raking grass, helping with cooking, collecting wood, harvesting vegetables and gardening).

Study part: Evening discussions about environmental and intercultural topics, learning to recognize stars, watching wild animals. A visit to nature reservations in the neighbourhood can be planned. As you will be living in close contact with the nature, you will improve your camping skills as well. Every evening, there is going to be a group meditation and sticktalking in a tee-pee.

Leisure time: Hiking in the surrounding countryside. Trips to Czech towns in the neighbourhood (e.g. Mariánské Lázně) and as the project is situated directly at the border on Germany, a trip to Germany can be organized as well. In your free time, you can play games, do creative workshops or experience Indian sauna and try out archery.

Accommodation/Food: In tee-pees (Indian tents with a fireplace in the centre) on wooden pads and mattresses filled with hay. Large families will have their own tee-pees, smaller families will share tee-pees. You will cook together as a group on a fireplace. The food is only vegetarian (with vegan and gluten-free options possible). We try to buy only local and seasonal food. Nights in the forest are very cold, even frosty, so bring a very warm sleeping bag, a camping mat, an extra blanket and/or sheet to cover a hay mattress. You will wash yourself in a small river with cold water next to the camp, toilets are dry and outdoor. The source of water is analysed by the authorities every year to meet the standards.

Location: GPS coordinates: 49.721559, 12.468716. The campsite is in an isolated part of the village of Lesná in the Bohemian Forest near the German border. The nearest bus stop is Stara Knizeci Hut and the nearest bigger town is Tachov. The campsite is located about 30 minutes' walk from the nearest bus station. The landscape is hilly but most of the important places of the camp are situated in the valley near the stream.

Meeting point: Stara Knizeci Hut, part of the village Lesná. The public transport to Stara Knizeci Hut during summer holidays is very limited - there are usually just 1 or 2 connections from Prague and they are in the morning/noon. Therefore, it is strongly recommended to arrive to Prague one day before the workcamp starts to make it on time. Detailed travel advice will be provided in the infosheet.

Requirements: This camp is perfect for volunteers who want to enjoy living and working in basic conditions in close touch with nature. This project is not suitable for people with hay allergies. There is a strict no alcohol and drugs policy in the campsite.

Participation fee: 35 EUR/adult, 20 EUR/child. EUROSOLAR is a NGO with limited resources, therefore, we kindly ask participants to contribute to the budget of the workcamp. The fee must be covered in advance by a bank transfer to the account of INEX-SDA.

Note: This workcamp is available for families or individuals with 5-12 years old children. We expect participants to share the enthusiasm for nature, to be open-minded, flexible and interested in eco-friendly and community way of living. We recommend you to bring old clothes for the work which can get dirty or damaged, solid shoes or wellingtons, warm sleeping bags and a raincoat. We expect volunteers to enjoy camping and being outdoors. Every year, there are several children and family-friendly camps organized, so even if the accommodation and facilities are basic, they are suitable for children. On departure day, there are only 1-2 connections from Stara Knizeci Hut to take you back to Prague with arrival in the afternoon/evening, so take that into the consideration when planning the trip. See photos from the previous workcamp: <https://www.inexsda.cz/media/back-to-nature-for-families-2019/>

SDA 405 Back to Nature

30/08 – 12/09/2020

ENVI

Vols 10 + 2 team leaders

Age 18+

Project: The workcamp is organized in co-operation with the Czech national section of EUROSOLAR and Nature Conservation Agency. EUROSOLAR promotes renewable energies, sustainable lifestyle; it engages in youth environmental education and organizes environmental summer camps for children and families. The workcamp takes place in an abandoned but exceptionally beautiful, hilly area of Bohemian Forest, near the western border of the Czech Republic. The campsite is totally isolated from civilization (the nearest Czech village is 11 km away) and we welcome volunteers that are fond of trying out a basic lifestyle in the forest and do not mind longer walks. This year the workcamp will be organised for 21st time. The goal is to help maintain meadows in a nature protected area and maintain the campsite.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Life on Land (UN SDG15).

Work: You will work in a nature reserve about 3 km from the campsite (you will walk there on foot). The main work will consist of cutting grass on protected meadows and the campsite, raking and collecting grass. This work is physically demanding but on fresh air. As the meadows can be very wet, bring waterproof working shoes (or rubber boots), rain-gear and gloves. You will also work directly in the campsite on maintenance tasks which can include repairing fences, preparing garden beds for winter, working in the nearby forest and other manual work. At the end of the workcamp, you will help to dismantle the campsite and to transport all the material to Prague where it will be stored during winter.

Study part: Evening discussions about climate, environmental and intercultural topics, learning to recognize stars, watching wild animals. A visit to nature reservations in the neighbourhood can be planned. As you will be living in close contact with the nature you will improve your camping skills as well. Every evening, there is going to be a group meditation and sticktalking in a teepee.

Leisure time: Hiking in the surrounding countryside. Trips to Czech towns in the neighbourhood (e.g. Mariánské Lázně) and as the project is situated directly at the border on Germany, a trip to Germany can be organized as well. In your free time, you can play games, experience Indian sauna and try out archery.

Accommodation/Food: In tee-pees (Indian tents with a fireplace in the centre) on wooden pads. You will cook together as a group on a fireplace. The food is only vegetarian. Nights in the forest are very cold, even frosty, so bring a very warm sleeping bag, a camping mat, an extra blanket and/or sheet to cover a hay mattress. You will wash yourself in a small river with cold water next to the campsite, toilets are dry and outdoor. Please see photos of the place here: goo.gl/UDGSqc

Location: GPS coordinates: 49°43'11" N, 12°26'19" E. The campsite in the valley of the Celni stream, an isolated part of the village of Lesná in the Bohemian Forest near the German border. The nearest bus stop is Stara Knizeci Hut and the nearest bigger town is Tachov.

Meeting point: Stara Knizeci Hut, part of the village Lesná. The public transport to Stara Knizeci Hut during summer holidays is very limited – there are usually just 1 or 2 connections from Prague and they are in the morning/noon. Therefore, it is strongly recommended to arrive to Prague one day before the workcamp starts to make it on time. Detailed travel advice will be provided in the infosheet.

Requirements: This camp is perfect for volunteers who want to enjoy living and working in basic conditions in close touch with nature. If you are ready for this, an amazing experience is waiting for

you! This project is not suitable for people with hay allergies. There is a strict no alcohol and drugs policy in the campsite.

Note: We expect volunteers to enjoy camping and being outdoors. Please note that last three days are dedicated to dismantling the campsite and transporting all the material to Prague. Volunteers will be divided in groups helping with different stages of moving (loading the camp and unloading it in Prague) – some will travel to Prague by bus and train on Thursday Sept. 10th, some by bus and train one day later. All the volunteers will meet again in Prague on Sept. 11th in the evening. Accommodation in Prague will be provided. The volunteers can stay in Prague until Sunday Sept. 13th if they want, please arrange your travel plans according to your preference. Please see the photos from previous years before you apply: <https://www.inexsda.cz/media/back-to-nature-2019/>

SDA 406 Let's Cultivate Our Landscape

31/08 – 13/09/2020

ENVI/SOCI

Vols 8 + 2 team leaders

Age 18+

Project: Julinka is an association with more than 20 members who are actively working towards promotion of active citizenship, volunteering, ecology, tourism and the preservation of cultural heritage. Some of the association's activities include the organization of the One World Festival, craft day, prevention of erosion, etc. The aim of this workcamp is to draw attention to the problem of desiccation of landscape and to show a possible way how to promote water retention in the soil, inspire locals and motivate them to join voluntary ecological activities. It also aims to promote community life and to offer the local community of Adrspach to meet all the volunteers, learn about their cultures and practice other languages.

In this workcamp, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11) and Life on Land (UN SDG15).

Work: The work will mainly consist of manual activities in nature. You will manually dig holes to make water pools, work in the forest (cleaning paths and roads for better access), clean the surroundings of a pond or a riverbed. You will also help with some activities in of the Adrspach castle. The new school year will start at the beginning of September, so you will have a chance to meet local school children and prepare some presentations and activities about your country and culture. Bring something special from home which could be suitable for such an activity (games, music, pictures, etc.).

Study part: There are some field trips planned for volunteers to get to know the protected landscape area Broumovsko, especially the rock towns but also some Baroque buildings. There will be a possibility to have a discussion with a local ecologist about water retention, with an ornithologist, with a historian or with organic farmers about various topics. There will also be an international food evening to enhance the interaction of the volunteers with the local community so please bring with you your favourite national recipes (and possibly some specific ingredients that might not be available locally).

Leisure time: You will be able to explore the area through all kinds of activities such as rock climbing, cycling, walking, sightseeing, visiting robotic a cowshed, bathe in ponds/swimming pools. There are football and volleyball fields in the village. We can go to a concert, movies, debate with guests. We can organize a campfire with local firefighters.

Accommodation/Food: The volunteers will stay in a lodge in the centre of Adrspach with the beautiful view of the Adrspach-Teplice rocks. There are 4 bedrooms (2-4 people) with beds (bedsheets and blankets provided), a bathroom, 2 toilets, a common room, kitchen, terrace and a garden. You will prepare your own meals as a group, sometimes you will bring your lunch with you. Please bring a lunchbox. For more info about accommodation: <http://accommodation.adrspach.org/>

Address: Dolni Adrspach 74, 549 57 Teplice nad Metuji

Location: Adrspach and the surrounding, in the Northeast of Bohemia. The village has approx. 500 inhabitants, it is situated under the ruins of a castle and near the very famous rock area of Adrspach-Teplice rocks in the protected landscape area Broumovsko. The work will take place both in the village and in its surroundings.

Meeting point: Adrspach. The meeting time is usually in the afternoon. Please note it takes 3,5 hours to get there from Prague (via Hradec Kralove) or from Wroclaw (via Walbrzych). Connections can be found at <https://idos.idnes.cz/en/vlakyautobusymhdvse/spojeni/> and <https://en.e-podroznik.pl/> . The exact information will be provided in the infosheet.

Requirements: This Workcamp is suitable for those who are interested in nature and ecology, who like being outside and are eager to learn new things about nature protection. Please bring a hat, tick repellent, waterproof clothes and shoes (rubber boots), optionally a sleeping mat and sleeping bag (weekend trip) and lunchbox. Due to the workcamp topic, we prefer you do not take the plane in order to participate. We prefer a train, a bus or a bicycle.

Note: You will spend a lot of time outdoors so you can get into contact with different kinds of plants, herbs, pollen and insects. Work can be physically demanding. Please bring special ingredients to prepare the traditional national dishes and musical instruments if you can play them.

INEX-SDA ESC Volunteering Teams - High Priority Areas

SDA H01ESC Grabstejn Castle I

10/06 – 24/06/2020

ENVI/RENO

Vols 10 + 2 team leaders

Age 18-30

ML

Project: Grabstejn is a former medieval castle which was later rebuilt as a renaissance chateau. It was severely damaged under the communist regime but has gone through reconstruction since. Now it is an example of care for historical heritage presenting the life of high society through centuries to the wide public. The castle visitors are offered classical guided tours but also different cultural and educational activities. The castle is state-owned and is run by National Heritage Institute under the Ministry of Culture. The aim of the ESC project is to help local staff to maintain the castle park and its surroundings.

In this project, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: Volunteers will work mainly in the castle park: maintaining paths and roads, removing invasive plants (e.g. nettles), cutting grass and branches, collecting garbage, removing wood or stones and gardening. The work is manual, physically demanding and sometimes you will need to work in a very steep slope because the castle is located on top of a hill! You will also help in the castle area (basic renovation and maintenance tasks – cleaning, painting). Bring working clothes that can get dirty or damaged and good solid shoes. It's also good to have long pants to protect you from nettles.

Study part: Learning more about the castle and its park (a guided tour around the castle). There will be an opportunity to organize a community dinner with local guides. Please bring recipes for your favourite meals and some pictures or music from your country/region of origin.

Leisure time: You can go hiking in the beautiful hilly countryside surrounding the castle and climb the famous mountain Jested (1012 m) with a unique mountain hotel on the top. The nearest city is Liberec (ZOO, botanical garden and much more). It is possible to visit a regional brewery and many other interesting sights, go swimming or boating, and/or visit a neighbouring dog-training army unit. Please bring some games and musical instruments.

Accommodation/Food: You will sleep directly in the castle in one big room with bunk beds. You need to bring your own sleeping bag. There is a toilet and a shower with hot water. Next to the bedroom, there is a small kitchen where you will prepare your meals together as a group. A common room is also available. There is a fireplace outside in the backyard of the castle where you can have barbecue.

Location: Grabstejn castle. It is in the village of Chotyne (860 inhabitants) in Northern Bohemia. The nearest town is Hradek nad Nisou (about 7,500 inhabitants) which is connected to Chotyne by public transport. The castle is located in a beautiful mountainous countryside which is perfect for hiking.

Meeting point: Chotyne train station. The meeting time is usually in the afternoon. Please note it takes at least 2 hours to get there from Prague. The exact info will be provided in the infosheet.

Requirements: This project is especially suitable for volunteers who like gardening and want to explore the history of the castle. Please note that work will be physically demanding, so it's perfect for hardworking individuals. Smoking is limited to designated areas. Allergies notice: pollen, bees, and wasps.

Note: This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en. Visit the website of the castle: <https://www.hrad-grabstejn.cz/en>.

See photos from the previous volunteering projects: <https://www.inexsda.cz/media/grabstejn-castle-2019/>

SDA H02ESC Hartenberg Castle

18/07 – 01/08/2020

RENO

Vols 13 + 2 team leaders

Age 18-30

ML

Project: The ESC project is held at the ruin of a castle in Western Bohemia called Hartenberg. It is organized by the local NGO “Hartenberg” that protects and renovates heritage, supports volunteering and social entrepreneurship, runs cultural and educational activities and works with children and youth. The castle is one of the oldest ones in the Czech Republic and was almost destroyed during several fires in the 1980’s. With the help of volunteers, the ruins have been renovated since 2000. The aim of this project is to help to renovate the castle and its surroundings.

In this project, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: The tasks will be mainly manual, related to the reconstruction and maintenance of the castle and its surroundings, such as: separating construction material, removing rubble, cleaning, painting, maintaining paths, working in the castle park and terraces, and other tasks according to the current needs of the local partner. Please bring old working clothes and solid shoes.

Study part: You will have the opportunity to meet local community, to learn about the history of the castle and also social and cultural projects that are organized there nowadays. You will get to know the region and its history (e.g. restoration of landscape after mining).

Leisure time: You can go hiking in the mountainous countryside, visit some of the famous spa-towns in the region (e.g. Karlovy Vary), go canoeing, horse-riding or swimming, etc.

Accommodation/Food: In a cottage near the castle. There is a bigger room for sleeping upstairs and a common room with a fireplace downstairs. The accommodation is very basic. There are beds, but you need to bring your own sleeping bag. The toilet and showers are in a shelter that is located in the courtyard. You will cook together as a group. Bring your favourite recipes.

Location: The castle ruin is situated in the tiny village of Hrebenny (79 inhabitants) in Western Bohemia. Hrebenny is part of the village of Josefov (358 people). The closest towns are Sokolov or Karlovy Vary. The castle ruin is from 12th century and the area has beautiful nature.

Meeting point: Hrebenny (district Sokolov). The meeting time is usually in the afternoon. Please note it takes 3-4 hours to get there from Prague. The exact info will be provided in the infosheet.

Requirements: The project is especially suitable for flexible volunteers who are interested in the countryside, history and renovation of cultural heritage.

Note: This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en.

SDA H03ESC Grabstejn Castle II

05/08 – 19/08/2020

ENVI/RENO

Vols 10 + 2 team leaders

Age 18-30

ML

Project: Grabstejn is a former medieval castle which was later rebuilt as a renaissance chateau. It was severely damaged under the communist regime but has gone through reconstruction since. Now it is an example of care for historical heritage presenting the life of high society through centuries to the wide public. The castle visitors are offered classical guided tours but also different cultural and educational activities. The castle is state-owned and is run by National Heritage Institute under the Ministry of Culture. The aim of the ESC project is to help local staff to maintain the castle park and its surroundings.

In this project, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: Volunteers will work mainly in the castle park: maintaining paths and roads, removing invasive plants (e.g. nettles), cutting grass and branches, collecting garbage, removing wood or stones and gardening. The work is manual, physically demanding and sometimes you will need to work in a very steep slope because the castle is located on top of a hill! You will also help in the castle area (basic renovation and maintenance tasks – cleaning, painting). Bring working clothes that can get dirty or damaged and good solid shoes. It's also good to have long pants to protect you from nettles.

Study part: Learning more about the castle and its park (a guided tour around the castle). There will be an opportunity to organize a community dinner with local guides. Please bring recipes for your favourite meals and some pictures or music from your country/region of origin.

Leisure time: You can go hiking in the beautiful hilly countryside surrounding the castle and climb the famous mountain Jested (1012 m) with a unique mountain hotel on the top. The nearest city is Liberec (ZOO, botanical garden and much more). It is possible to visit a regional brewery and many other interesting sights, go swimming or boating, and/or visit a neighbouring dog-training army unit. Please bring some games and musical instruments.

Accommodation/Food: You will sleep directly in the castle in one big room with bunk beds. You need to bring your own sleeping bag. There is a toilet and a shower with hot water. Next to the bedroom, there is a small kitchen where you will prepare your meals together as a group. A common room is also available. There is a fireplace outside in the backyard of the castle where you can have barbecue.

Location: Grabstejn castle. It is in the village of Chotyne (860 inhabitants) in Northern Bohemia. The nearest town is Hradek nad Nisou (about 7,500 inhabitants) which is connected to Chotyne by public transport. The castle is located in a beautiful mountainous countryside which is perfect for hiking.

Meeting point: Chotyne train station. The meeting time is usually in the afternoon. Please note it takes at least 2 hours to get there from Prague. The exact info will be provided in the infosheet.

Requirements: This project is especially suitable for volunteers who like gardening and want to explore the history of the castle. Please note that work will be physically demanding, so it's perfect for hardworking individuals. Smoking is limited to designated areas. Allergies notice: pollen, bees, and wasps.

Note: This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en. Visit the website of the castle: <https://www.hrad-grabstejn.cz/en>. See photos from the previous volunteering projects: <https://www.inexsda.cz/media/grabstejn-castle-2019/>

SDA H04ESC Veseli Castle

09/08 – 23/08/2020

RENO/ENVI

Vols 8 + 2 team leaders

Age 18-30

ML

Project: The ESC project takes place in the village of Veseli nad Uhlavou in Western Bohemia in cooperation with the local association Tvrz Veseli. This association was founded with the aim of restoring the ruin of a castle in Veseli nad Uhlavou, to make it open for the public and for cultural and educational purposes. Its activities involve saving the castle and fundraising to renovate the castle. The castle has a complicated past and now is in a very bad state. This project will focus on removing rubble from the part of the castle which is being renovated and on maintenance of the park. In this project, you are actively working for the United Nations Sustainable Development Goal of Sustainable Cities and Communities (UN SDG11).

Work: The work will be manual and it will be done at the castle and in the castle park. The tasks in the castle will include: separating construction material from the ruins (tiles, beams, boards etc.) which can be reused and removing rubble. The work can be physically demanding, but everyone will contribute only as much as they can. In the park, you will rake and collect grass, remove invasive plants and bushes. You will get protective gloves and appropriate tools from the local host. Bring working clothes which can get dirty, solid shoes and waterproof jacket or raincoat (in case of bad weather). Be prepared for all kinds of weather.

Study part: Presentation of the castle and its troubled history, excursion to Klatovy underground, getting to know history of the region, meeting locals during a music evening at the castle etc.

Leisure time: Trip to Chodsko region and participation in a local festival in Domazlice. volleyball match with local players, trip to a pilgrimage place of Dobra Voda (5km by forest road), trips to historical cities Klatovy a Plzeň, swimming, making a campfire with locals, excursion to the local brewery, organizing a fun afternoon for local children etc.

Accommodation/Food: You will be hosted in the house of the local association's member in the village of Pocinovice (about 6 km from the workplace). Sleeping on mattresses in your own sleeping bags. There are two big rooms, WC, a bathroom and a kitchen. If you need more privacy, you can sleep in a tent in the garden. Lunch will be provided at the workplace every day. You will prepare other meals on your own as a group. A washing machine is available.

Location: Veseli nad Uhlavou - a small village (about 58 inhabitants), a part of the Janovice nad Uhlavou municipality. The village of Pocinovice (around 548 inhabitants). Both are located at the foothills of Sumava National Park, close to Klatovy. From the place of accommodation (Pocinovice) to the workplace (Veseli) you will go every morning by train (20 min), related travel costs are covered. The train station is near the castle. In Pocinovice, there is a bakery, pub, library, some small shops and sports grounds.

Address: Pocinovice 71, 345 06 Pocinovice

Meeting point: Pocinovice. The meeting time is usually in the afternoon. Please note that it takes at least 3-4 hours to get there from Prague. The exact info will be provided in the infosheet.

Requirements: The project is suitable for history lovers and people interested in living in the countryside. Due to living in a house with a host you will have a unique opportunity to experience local culture and customs, at the same time we ask you for respectful behavior.

Note: This project is supported by the EU program European Solidarity Corps. Some of the conditions differ from the usual workcamps; there will be detailed info provided after your acceptance. For more info about ESC visit https://europa.eu/youth/solidarity_en. See photos from the previous volunteering activities: <https://www.inexsda.cz/media/veseli-castle-2019/>

Looking forward to welcoming your volunteers!

INEX-SDA team



International WorkCamp